

The Berkshire Independent

Hospital  
*GP Newsletter*

People caring for people

# The Berkshire Independent Hospital

Main Reception ↑  
Visitor Parking →  
Mansion House Outpatient Department ↓  
Mansion House Parking ←

January 2024

01 Message from Our BRM

03 New and Returning Consultants

02 Aquablation for Enlarged Prostate

04 ERS Update

## Message from Our Business Relations Manager

### Happy New Year to you all.

I am now booking consultant educational talks for 2024. If you would like one of our consultants to present at your GP practice meeting please let me know. I am happy to provide equipment and sponsor lunch.

Please be aware that all hospital referral guides and service information are available on our website - Health Professionals - Resources. You will be able to download our latest guides: Consultant Directory, e-Rs Referral Guide, Reading Shoulder Unit, Reading Urology, Ophthalmic Referral Guide, Back Pain and Spinal brochure, Cardiology Guide, Educational Programme.

Our Ramsay Health Care online portal has been designed to enable you to refer private patients easily, quickly and securely to Berkshire Independent hospital.

To make a private referral, visit [ramsayhealth.co.uk/patientreferral](https://ramsayhealth.co.uk/patientreferral) and complete the short form. This also enables you to upload a referral letter, scans and any other supporting medical history documentation.

*Julie Deadfield*

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Mobile: 07387 262 516

## Aquablation for Enlarged Prostate

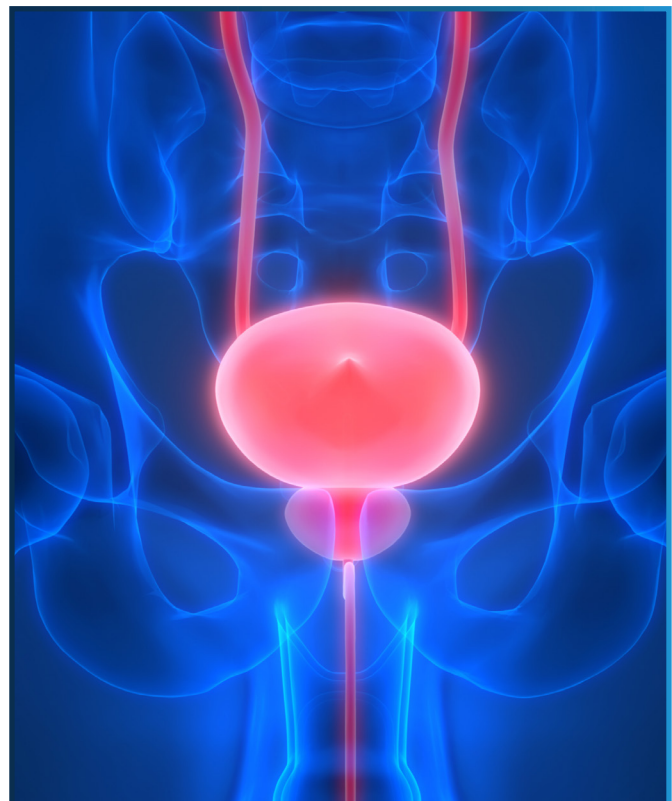
The Berkshire Independent Hospital is delighted to have been the first hospital in Berkshire to provide a new treatment for men suffering from an enlarged prostate (benign prostatic hyperplasia), robotic aquablation.

Aquablation therapy is an advanced, minimally invasive treatment that uses the power of water, delivered with robotic precision, to provide best-in-class and long-lasting symptom relief, with low rates of irreversible complications, regardless of prostate size or shape. As it is unique and bespoke based on each patient's anatomy, the procedure precisely removes prostate tissue and as such preserves key anatomy for long-term quality of life. Patients benefit from faster treatment and a quicker recovery to normal activity.

NICE published a Medical technology innovation briefing in January 2023, noting that when compared to the traditional procedures, aquablation offers additional benefits including an increased ability to preserve sexual function and the potential for the procedure to be undertaken as a day-case. As of 14 September 2023 NICE have recommended Aquablation to be offered to all patients and be the treatment of choice.

The Berkshire Independent Hospital in partnership with our Consultant Urologists, Mr Chris Blick and Mr Philip Charlesworth, have successfully treated over 100 patients over the last year with excellent outcomes.

This procedure is available for all patients; Insured, Self-pay and NHS referrals via eRs.



## Cardiology

We are now offering a range of competitive self-pay packages for Cardiology:

- Chest Pain/Discomfort
- Palpitations and Heart Rhythm Abnormality (for example, Ectopics or Atrial Fibrillation)
- Heart High Blood Pressure
- Valve and Heart Function/Shortness of Breath
- Complete Cardiovascular Assessment and Prevention Discussion

Our Consultant Cardiologist Mr Bhavesh Sachdev offers clinics every Tuesday morning and Thursday afternoon. Patients can self refer and book an appointment with our Private Patient Account Manager on 0118 9028 140.

## New and Returning Consultants



**Mr Patrick McKenna**  
Consultant Spinal Surgeon



**Mr Vaughan Tanner**  
Consultant  
Ophthalmologist



**Mr Amar Malhas**  
Consultant Orthopaedic  
Surgeon - Shoulder & Elbow



**Marianne Sampson**  
Consultant General, UGI  
and Bariatric Surgeon



**Greg Jones**  
Consultant General, UGI  
and Bariatric Surgeon

## ERS Update

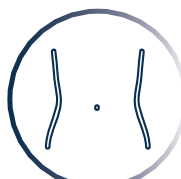
We continue to face more challenges this year with the growing immense pressure on our NHS. The Berkshire Independent Hospital welcome NHS patients over the age of 18yrs via eRs for:



Urology



Gynaecology



General



Ophthalmology



Spinal



Orthopaedics



Upper Limb

**Orthopaedics:** Shoulder, Elbow Hip, Knee, Foot and Ankle - must go via CSS (West Berks MSK) or Connect Health (Oxfordshire MSK). **Upper Limb:** Hand and Wrist - can be direct referred to us for West Berkshire patients and via Connect Health for Oxfordshire patients. First initial new consultations currently average 7-14 days across most services. For patients requiring surgery, average wait times are currently 4-8 weeks, with ALL patients being offered surgery within 18 weeks.