

Our Consultant



Mr Chris Blick, Consultant Urological and Robotic Surgeon

Mr Chris Blick is a Consultant Urological Surgeon who has a subspeciality interest in urological cancers, particularly

laparoscopic and robotic renal and bladder surgery. Mr Blick is highly trained and skilled at general and diagnostic urology. In October 2023 Mr Blick commenced the robotic Aquablation programme at Berkshire Independent Hospital treating men with enlarged prostates using this new state of the art technology incorporating heat free water. Mr Blick's additional areas of specialisation include Benign prostate enlargement including Urolift, Recurrent UTIs and Prostatitis, Blood in urine and sperm (haemospermia), Renal, bladder, testicular and prostate cancers, Management of lower urinary tract symptoms.

Aquablation pricing

New patient initial consultation price - £250
(not included in procedure package).

Procedure package price - £10,541 (includes surgery and one post operative consultation).

If further tests are required, separate charges will be applied. You will be advised of these during your initial consultation. Routine pre-operative tests are included.

How do I book?

This treatment is available for all patients with a benign enlarged prostate. If you are paying for yourself, just call the number below to make an appointment. If you are using your private medical insurance, please call your insurance company to obtain an authorisation number.

Private Patient Appointments Team:

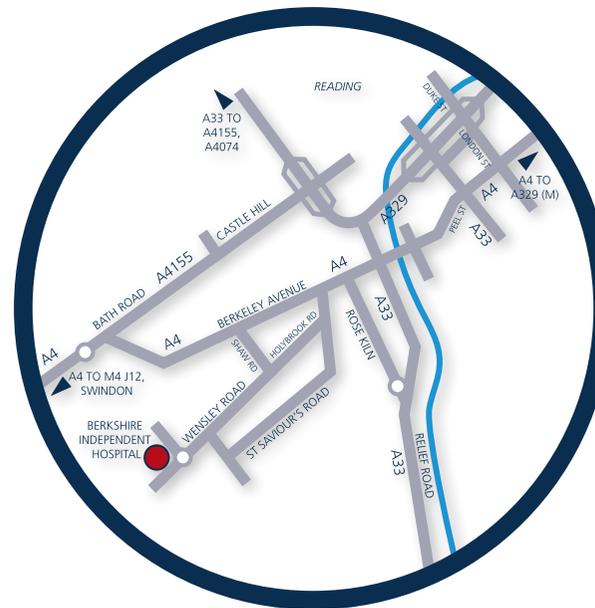
0118 902 8147

How to find us

Swallows Croft, Wensley Road, Reading, RG1 6UZ

Tel: 0118 902 8000

berkshireindependenthospital.co.uk



**Treating your
Enlarged Prostate
Gland with
Aquablation
Therapy**



**The Berkshire
Independent Hospital**
Part of Ramsay Health Care

What is the prostate?

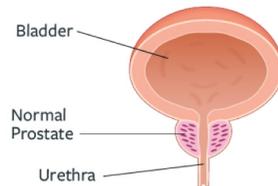
Your prostate is part of your reproductive system. It is a plum-sized gland and is only found in men. It lies at the base of your bladder and surrounds your urethra (tube that takes urine from the bladder, along the penis and out of your body). Your prostate produces nutrients for your sperm, which makes up part of the milky fluid (semen) when you ejaculate.

What Is BPH?

Benign Prostatic Hyperplasia (BPH), or an enlarged prostate, is a prostate that has grown to be larger than normal. BPH is not prostate cancer. As the prostate grows, it may constrict the urethra, making it difficult to urinate and/or apply pressure on the bladder, causing it to weaken and have difficulty emptying. Benign prostatic hyperplasia is a common condition that usually affects older men. Symptoms include hesitancy during urination, interrupted or decreased urine stream (volume and flow rate), the need to get up at night to urinate on a regular basis (nocturia), incomplete voiding and urinary retention.

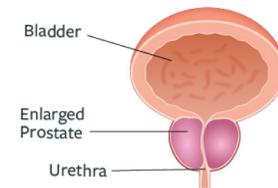
NORMAL PROSTATE

Urine flows normally from the bladder, through the prostate and out of the body.



ENLARGED PROSTATE

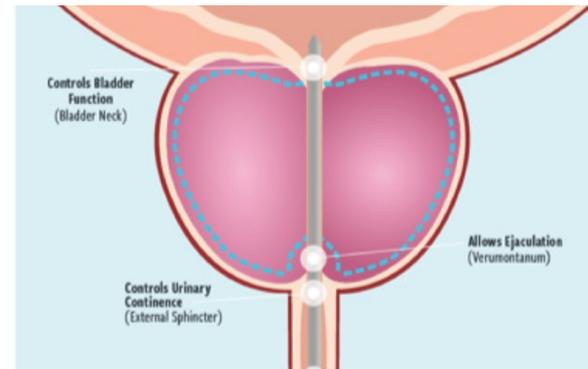
An enlarged prostate makes it difficult to urinate normally.



How Does Aquablation Therapy Work?

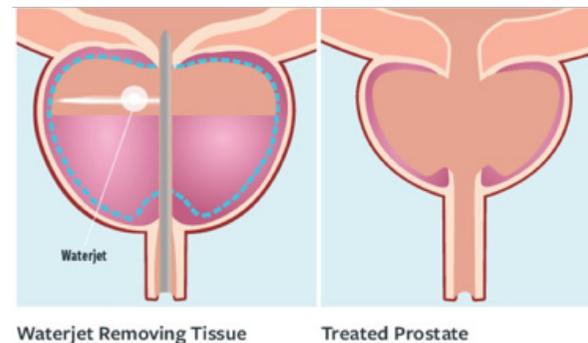
Step 1: Creating A Surgical Map

Your surgeon will identify important anatomy that maintains sexual function and continence to create a personalised treatment plan, shown by the blue dotted line. The tissue inside the dotted line will be removed while the tissue outside will be left in place.



Step 2:

Once the plan is created, a robotically-controlled, heat-free waterjet removes the prostate tissue. This robotic technology ensures the prostate tissue is removed precisely, consistently, and predictably.



This depiction in Step 2, is for illustrative purposes only and does not indicate clinical performance.

Complications of transurethral resections

All transurethral forms of prostate resection carry some chance of adverse outcomes. Aquablation may reduce the chance of these but does not eliminate them. They include: retrograde ejaculation, urinary incontinence, erectile dysfunction, urethral strictures, bleeding, infection, inability to empty bladder, recurrence of symptoms and the TURP syndrome and death (less than 1:1000).

For more information please see:

www.nhs.uk/conditions/transurethral-resection-of-the-prostate-turp/risks/

References

- NICE Medtech innovation briefing [MIB315] Published: 31 January 2023 <https://www.nice.org.uk/advice/mib315/chapter/The-technology>
- NICE IPG629 Published: 19 Sept 2018 <https://www.nice.org.uk/guidance/ipg629/chapter/2-The-condition-current-treatments-and-procedure#current-treatments>
- NICE (National Institute of Clinical Excellence) have recommended Aquablation Therapy for all enlarged prostate patients as of September 2023
- PROCEPT BioRobotics, Patient Information: [aquablation.com](https://www.aquablation.com)
- NHS Website; Treatment of Benign Prostate Enlargement: <https://www.nhs.uk/conditions/prostate-enlargement/treatment/>
- Diagram Images: PROCEPT BioRobotics, Patient Information: [aquablation.com](https://www.aquablation.com)