

Referrer Newsletter

Clifton Park Hospital

Winter Edition - January 2024



Hello and welcome to Clifton Park Hospital Newsletter Winter 2024 edition.

Firstly, I would like to introduce myself. I have recently joined the Clifton Park team in November 2023 as Business Relations Manager. As part of my role, I will be managing the relationships between our referring community and the hospital. To keep you informed on the latest updates and announcements at Clifton Park, you can expect to receive this newsletter from myself and the team on a quarterly basis.

We will continue to let you know of any upcoming events, or ways your Practice can get involved in local activities, and how we can work together to make a positive impact for patients.

If you have any questions about the topics covered in this newsletter, or would like further information about our services at Clifton Park Hospital - please don't hesitate to contact me at jessica.hedley@ramsayhealth.co.uk

All the best,

Jessica Hedley

MRI Facility and Radiology Department

In Winter 2022, Clifton Park Hospital installed a static Siemens 1.5 Tesla MRI scanner to accommodate orthopaedic patients in our new state of the art MRI Suite. The scanner is currently operational 5 days a week 8am - 6pm, with capacity to extend working hours into the evening and into weekends, should demand in the local health economy require this. This service is ran by our friendly team of experienced, qualified Radiographers.

For NHS patients who have opted to have their treatment at Clifton Park Hospital, the current waiting time for MRI is 2-weeks and for private patients within 1-week. Unfortunately, this service is not commissioned to accept direct NHS referrals from GP's.

For private and self-pay patients, a referral form can be found on the below link and sent through our secure online portal at ramsayhealth.co.uk/patientreferral or by emailing clifton.privatepatient@ramsayhealth.co.uk



ROSA - Shaping the Future of Outpatient Total Knee Replacements

Self-funding patients and those with private medical insurance can now benefit from state-of-the-art robotic technology for personalised knee surgeries. ROSA is the new robotic assistant allowing surgeons to perform knee replacement surgery with even greater accuracy, embracing enhanced technology to ensure that new knee joint replacements are fitted and function as precisely as possible.

As a result, patients may recover faster and achieve a greater degree of joint flexibility allowing them a quicker return to normal activity - results will vary from patient to patient.

Our renowned consultants specialising in ROSA robotic assisted Total Knee Replacement surgery are;



Mr Edward Britton



Mr Neil Hunt



Mr David Cash



Mr Anthony Maury

If you have any questions, please contact our Private Patient Manager, Natasha Bell at natasha.bell@ramsayhealth.co.uk or 01904 809 677.



Clifton Park Hospital are delighted to welcome the following new consultants



Mr Chris Lodge, Consultant Orthopaedic Surgeon - Hip & Knee

- Routine and complex primary hip and knee replacement surgery
- Revision hip and knee replacement surgery
- Peri-prosthetic joint infection
- Arthroscopic knee surgery (cartilage and meniscus)
- Robotic assisted Total Knee Replacement surgery

Mr Lodge graduated in Medicine from Newcastle University in 2011 and completed his surgical training on the Yorkshire Orthopaedic training rotation. During this time, he found the high levels of patient satisfaction and surgical outcomes in treating hip and knee arthritis to be particularly rewarding and was inspired to become a hip and knee surgeon.

In 2021 he was selected to undertake a Hip & Knee Arthroplasty Fellowship in Nottingham working under renowned arthroplasty consultants, Andrew Manktelow and Ben Bloch. Following this he undertook a further Senior Fellowship in complex revision and peri-prosthetic joint infections at the Royal Orthopaedic Hospital in Birmingham, before starting as a consultant in York employed by York & Scarborough Teaching Hospitals NHS Foundation Trust.



Mr Mathias Nagy, Consultant Orthopaedic Surgeon - Knee

- Sports injuries, primary and revision ACL reconstruction
- Knee Arthroscopy
- Meniscal Repair
- Partial and Total Knee Replacement
- Cartilage Surgery (Knee)
- Knee Ligament Repair

Mr Nagy is a dual fellowship-trained Consultant Trauma and Orthopaedic Surgeon employed by York and Scarborough Teaching Hospitals NHS Foundation Trust. He graduated from the Medical University Graz in Austria, earning my MD in 2006. After gaining international experience in Switzerland and South Africa, he moved to the UK and completed comprehensive orthopaedic training on the Mersey Rotation.

Mr Nagy focused the latter part of his training on the knee as his sub-speciality. This culminated in securing two advanced competitive fellowships at Wrightington Hospital, focusing on Sports Knee Surgery and Lower Limb Arthroplasty.

He then obtained multiple national, exam-based qualifications, including Member of the Royal College of Surgeons (MRCS), Fellow of the Royal College of Surgeons in Trauma and Orthopaedic Surgery (FRCS Tr & Orth), and CCT (Certificate of Completion of Training) in Trauma and Orthopaedic Surgery.

Mr John Adam, Consultant Orthopaedic Surgeon - Elbow & Shoulder

- Shoulder arthroscopy and sports surgery
- Arthroscopic rotator cuff surgery
- Shoulder arthroplasty
- AC joint injuries
- Degenerative elbow conditions

Mr John Adam started as a Consultant in August 2022 after previously completing a Shoulder and Elbow Fellowship at James Cook University Hospital in Middlesbrough. He graduated from the Imperial College in London in 2007, achieving a First Class Honours in BSc Surgery and Anaesthesia. He then went on to complete a Fellowship of the Royal College of Surgeons, England in 2013 - specialising in Trauma and Orthopaedics.



Welcome back to Mr Ken Mannan

We are delighted to welcome back Mr Ken Mannan to Clifton Park Hospital. Mr Mannan specialises in Lower Limb Surgery (Hips & Knees) with a clinical interest in Hip and Knee Arthroplasty. He moved to Yorkshire in 2010 to accept a consultant post at Scarborough hospital and has been employed by York Teaching Hospital NHS Trust since 2012.

Mr Mannan studied medicine at King's College London. He qualified in 1995 and completed his surgical training in London, spending a year at the Royal National Orthopaedic Hospital, Stanmore on the Peripheral Nerve Injury unit. Mr Mannan also completed a bespoke fellowship in Hip and Knee Arthroplasty at the Royal London Hospital.

Outpatient Department Casting Day Event - 1st November 2023

On the 2nd November we celebrated #NationalCastingDay, with focus on our Outpatients Department celebrating their skills and work. As part of the part of the day, a charity raffle was held to raise money for St. Leonard's Hospice - where local businesses came forward to donate a selection of 25 prizes. Including the donations received from both patients and staff, the team raised a total of £375 - an amazing achievement.



Delivering Joy this Christmas with Dunelm

Partnering with Dunelm, the Ward team have been supporting people in our local community who might otherwise go without. This year instead of Secret Santa, Katy Johns, Ward Manager - and the team came together to donate 4 trolleys full of gifts and spread the festive cheer to those who need it most.



Morocco-bound Students Visit the Clifton Park Hospital

In the summer of 2024, a group of students and staff from Vale of York Academy will be heading off on an expedition to Morocco. Students embarking on the trip will have the opportunity to learn a new culture and support a community project of those in need.

Proud to play a part in supporting our local community, Clifton Park Hospital donated to the school trip fund, and invited students to visit the hospital to learn more about the services we deliver. The team were delighted to listen to students talk about their plans for the trip and look forward to welcoming them back in the summer to hear about their adventures.



Our Consultants

Special Interest	Consultant	Clinic Day	Private	NHS
Upper Limb				
Hand / Wrist	Mr Thomas Yeoman	Tues	●	●
Shoulder / Elbow	Mr John Adam	Fri	●	●
Shoulder / Elbow	Mr Hywel Williams	Mon/Tues	●	●
Shoulder / Elbow / Hand / Wrist	Mr Simon Boyle	Wed	●	●
Shoulder / Elbow / Hand / Wrist	Mr Sunil Auplish	Mon	●	●
Lower Limb				
Foot / Ankle	Mr Adam Budgen	Thurs	●	●
Foot / Ankle	Mr James Stanley	Wed/Fri	●	●
Foot / Ankle	Mr Charlie Jowett	Tues	●	●
Hip / Knee	Mr Sunil Pai	Tues	●	●
Hip / Knee	Mr Anthony Maury	Tues/Fri	●	●
Hip / Knee	Mr Ken Mannan	Wed	●	●
Hip / Knee	Mr Chris Lodge	Mon	●	●
Hip / Knee	Mr Edward Britton	Wed/Fri	●	●
Hip / Knee	Mr Nick Carrington	Tues/Thurs/Fri	●	●
Hip / Knee	Mr Dave Cash	Tues	●	●
Knee	Mr Anthony Gibbon	Mon/Wed	●	●
Knee	Mr Mathias Nagy	Mon/Tues	●	●
Knee	Mr Neil Hunt	Tues/Thurs	●	●
Spinal				
Back, Neck & Sciatica Pain Management	Mr Raman Kalyan	Fri	●	
Other				
General Cosmetic Surgery	Mr Jonathan Adamthwaite	Thurs	●	