

Ramsay Health Care

GP Newsletter - Spinal Edition



**Fulwood Hall
Hospital**

Part of Ramsay Health Care

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Welcome to this unique edition of our GP Newsletter.

The team at Fulwood Hall Hospital have always understood the incredible pressure which the Trust finds itself under and have always been proud of the appropriate and timely support we have always provided. In this Newsletter we would like to focus on the Orthopaedic Spinal Services which are available within Fulwood Hall Hospital.

We would like to take the opportunity to introduce you to our spinal team which is made up of some of the finest Orthopaedic and Neuro Surgery Consultants from across the North West - most of whom also work over at Royal Preston Hospital. Within each of their biographies we have also listed their key interests - making it easier for you to see which would be the most suitable consultant for your patient to see.

Fulwood Hall consistently delivers 100% patient satisfaction and within this edition you will also find details of our most recent survey results together with some patient testimonials.

Summary of Our Team

Consultant Neuro Surgeons

Professor Nihal Trevor Gurusinghe

Mr Gareth A Roberts

Mr Aprajay Golash

Mr Kaushik Ghosh

Consultant Spinal Surgeons

Mr Manoj Khatri

Mr James Bourne

Mr Alex Baker

Mr Royden Austin



How to Access Our Services

PLEASE NOTE: All our Spinal and Neuro Surgical Clinics are available in e-RS (Choose and Book). To locate them simply select Orthopaedics as the service and then either Back Pain or Neck Pain.

Using the above you can see which clinics would be appropriate should the patient have neurological symptoms associated with degenerative spinal disease.

Our Neuro Surgeons

Professor Nihal Trevor Gurusinghe



Professor Gurusinghe trained in London at The Atkinson Morley's Hospital, The National Hospital for Nervous Diseases and Great Ormond Street Hospital. He was appointed as a Consultant Neurosurgeon in 1985.

Aside from his extensive clinic experience, he is also closely involved in the activities of the British Neurological Surgeons and served as honorary secretary from 2000 to 2004.

He is a member of the council of the society and is the NICE co-ordinator for the society.

He is also the joint Royal College Representative on the Specialist Advisory Committee in Neurosurgery for surgical training at The Royal College of Surgeons, London. Professor Gurusinghe is also an examiner for the FRCS neurosurgery in the UK as well as the international FRCS.

Clinical Interests

Neurosurgery, neurovascular disease, spinal disease, skull base lesions, peripheral nerve lesions, cerebrovascular surgery, spinal surgery, back pain, neck pain, cervical disc prolapse, lumbar disc prolapse, spinal stenosis.

Mr Gareth A Roberts



Mr Roberts was born in North Wales and attended the Liverpool University Medical School.

He completed his neuro surgical training in Liverpool, Dublin and Saint Louis, Missouri.

He has been a consultant neurosurgeon at Preston since 2001 with a specialist interest in neurovascular surgery and skull base surgery including pituitary work and is currently a chairman of neurosurgery in Preston.

Clinical Interests

Hydrocephalus, pituitary surgery, spinal surgery, peripheral nerve disorders, neurovascular intervention, skull base surgery, head injury, spinal neurosurgery, spinal disease.

Mr Aprajay Golash



Mr Golash has developed special interests in complex spinal surgery, endoscopic pituitary surgery and surgery for trigeminal neuralgia. By his own admission he loves technology and innovations. Indeed, he has successfully piloted telemedicine clinics and transfer of scans over mobile phones. Going forward he would like to use new web conferencing facilities to enhance the communication between primary and secondary care or even with patients.

Clinical Interests

Over the years Mr Golash has have developed special interests in complex spinal surgery, endoscopic pituitary surgery and surgery for trigeminal neuralgia.

Mr Kaushik Ghosh



Mr Ghosh gained his undergraduate medical qualification from Medical College Calcutta and his post graduate qualification in general surgery and neurosurgery from Calcutta University. He trained in neurosurgery in the largest tertiary teaching hospital in Eastern India, he then went on to train in neurosurgery in North West of England. He worked as Consultant Neuro and Spinal Surgeon in Manchester for two years before being appointed Consultant Neurosurgeon at Lancashire Teaching Hospitals NHS Foundation Trust in 2012.

Clinical Interests

Degenerative, trauma and spinal tumours, meningioma surgery. Sub-specialist interest in complex spinal surgery and minimally invasive spine surgery.

Our Spinal Surgeons

Mr Manoj Khatri



Mr. Khatri is well trained in all operative and non-operative aspects of scoliosis, complex spinal deformities, disorders of the cervical, thoracic and lumbar spine, as well as common disorders such as spinal stenosis and herniated discs.

Clinical Interests

He is fortunate to work as a Spinal surgeon in Royal Preston Hospital. Besides catering to the local population his team provide tertiary spinal services to Lancashire population and beyond. His team perform 200+ major spinal surgeries per year that include a mixture of elective procedures such as Microdiscectomy to complex revision surgery, tumour and trauma surgery from cervical to Thoraco lumbar spine.

Mr James Bourne



James is a consultant trauma & orthopaedic surgeon, specialising in spinal surgery. He qualified as a doctor in 2001 from Birmingham University Medical School. He completed basic surgical training in the West Midlands, he then worked in Dunedin, New Zealand for over 2 years as a trauma & orthopaedic registrar. On his return to England he trained on the North West higher surgical training scheme. He was the senior trainee at Salford Royal Hospital spinal unit for a year, and then at Lancashire Teaching Hospitals NHS Foundation Trust for a further year, prior to taking up a substantive consultant post.

Clinical Interests

Complex surgery on the cervical, thoracic and lumbar spine.

Mr Alex Baker



Mr Baker is a highly experienced and respected orthopaedic surgeon, who specialises in spinal surgery. He has over fifteen years experience in carrying out both emergency surgery and elective (planned) procedures and has worked at a number of hospitals throughout the north of England and Scotland including centres of excellence and specialist centres for spinal surgery. Mr Baker's current main hospital base is the Specialist Centre for Spinal Surgery at Royal Preston Hospital. He is firmly committed to patient-centred care, in which individuals are fully informed and involved in every step of their treatment. He takes his time to get to know all his patients and will always take the time to address any questions or concerns you may have.

Clinical Interests

Spinal surgery, spinal deformity surgery, slipped discs, trapped nerves, sciatica.

Mr Royden Austin



After qualifying from Liverpool Medical School in 1999, Mr Austin gained his Basic Surgical Training in the Mersey Region. After a year as an Orthopaedic Research Fellow at Arrowe Park Hospital and Honorary Research Fellow at the Royal College of Surgeons of England, Mr Austin entered his Specialist Training in the Northwest Deanery. It was there that he developed his interest in spinal surgery. Mr Austin trained in spinal units at the Royal Manchester Children's Hospital, the Regional Spinal Unit in Hope Hospital and the Royal Preston Hospital where he works as a Consultant Orthopaedic Spinal Surgeon. Mr Austin's major interests are in the degenerate spine, cervical to lumbar, offering microdiscectomies and micro-decompressions, as well as open and percutaneous fusion procedures. He also has an interest in vertebroplasty and kyphoplasty procedures as well as offering injection procedures.

Clinical Interests

Degenerative Spine, Microdiscectomy and Microdecompression, Kyphoplasty and Vertebroplasty, percutaneous techniques, Cervical spine.

Neuro and Spinal Surgery Procedures Available

- Back pain
- Carpal tunnel release
- Cervical disc disorder
- Cervical disc prolapse
- Cervical discectomy
- Lumbar discectomy
- Epidural
- Intervertebral disc prolapse
- Laminectomy
- Lumbar disc prolapse
- Microdiscectomy
- Minimally invasive Spinal surgery
- Neck pain
- Sciatica
- Slipped discs
- Spinal decompression
- Spinal fusion
- Spinal neurosurgery
- Spinal stenosis
- Spinal surgery
- Spinal pain
- Trapped nerves

