

Directory of Services and Consultants

2024



North Downs
Hospital

Part of Ramsay Health Care

About North Downs Hospital

At North Downs Hospital we offer fast access to the highest standards of care, so people know they can trust us to help them get better quickly. As the biggest provider of NHS procedures after the NHS you can count on first class treatment. We offer consultant led care from some of the most well-qualified and experienced specialists in their field of expertise.

Our Areas of Expertise



Cardiology



Cosmetic Surgery



Diagnostics



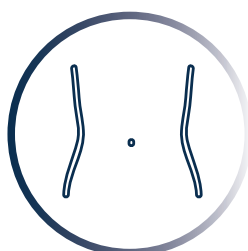
Eye Care



Gastroenterology



General Medical Conditions



General Surgery



Men's Health



Neurology



Orthopaedics



Pain Relief



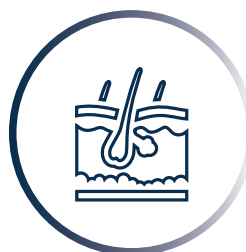
Physiotherapy



Psychiatry



Rheumatology



Skin Concerns



Urology



Vascular



Women's Health



CQC Rated Good



JAG Accredited

Clinic Listings (NHS and Private)

Special Interest	Consultant	Private	NHS
Cardiology			
Angina Breathlessness Ischaemic Arrhythmias	Dr Cheuk Chan	•	
Cosmetic Surgery			
Breast Face Hand Body	Mr Oliver Harley	•	•
Breast Face Body Skin Lesions	Mr Siva Kumar	•	
Breast Hand Skin Lesions	Mr T C Teo	•	•
Breast Face Body	Miss Sujatha Tadiparthi	•	
Dermatology			
All Aspects of Dermatology	Dr Sandeep Cliff	•	
All Aspects of Dermatology	Dr Sunita Gossain	•	
Endocrinology			
Diabetes Obesity	Dr Julian Emmanuel	•	
Gastroenterology			
Bowel Disease Liver Disease Colonoscopy Upper GI Endoscopy	Dr Gayatri Chakrabarty	•	
Bowel Disease Liver Disease Colonoscopy Upper GI Endoscopy	Dr Asif Mahmood	•	
Bowel Disease Liver Disease Colonoscopy Upper GI Endoscopy	Dr Mike Mendall	•	
General Medicine			
All Respiratory Medical Conditions	Dr Devikumar Acharya	•	

Clinic Listings (NHS and Private)

Special Interest	Consultant	Private	NHS
General Surgery			
General Surgery Open Hernia	Mr Al Mutaz Abulafi	•	
Upper GI Gallbladder Hernia Open & Laparoscopic Surgery	Mr Shwetal Dighe	•	•
Upper GI Gallbladder Hernia Open & Laparoscopic Surgery	Mr Paras Jethwa	•	•
General Surgery Open Hernia	Mr Ian Swift	•	•
Gynaecology			
General Gynaecology Heavy Menstrual Bleeding Endometriosis Fibroids Pelvic Pain	Miss Heather Allen-Coward	•	•
General Gynaecology Menopause Menstrual Abnormalities Laparoscopy Endometriosis Pelvic Pain Hysteroscopic Procedures	Mr Sumit Kar	•	•
General Gynaecology Heavy Menstrual Bleeding Endometriosis Fibroids Pelvic Pain	Miss Samar Shoeir		•
General Gynaecology Menopause Menstrual Abnormalities Laparoscopy Endometriosis Pelvic Pain Hysteroscopic Procedures	Miss Sharmila Sivarajan	•	
Haematology			
General Haematology	Dr Santhosh Narat	•	
Hand Therapy			
Hand Therapy Sports Injuries Musician Injuries Hand Arthritis Splinting	Mrs Catherine Manley	•	
Neurology			
All Neurological Problems	Dr Jeffrey Kimber	•	

Clinic Listings (NHS and Private)

Special Interest	Consultant	Private	NHS
Ophthalmology			
All aspects of Ophthalmology Cataract Vision Correction Surgery Dry Eye	Mr Saj Khan	•	
All aspects of Ophthalmology Cataract Surgery	Mr Robert Petrarca	•	•
All aspects of Ophthalmology Cataract Surgery Floaters Diabetic Eye Disease	Mr Ijaz Sheikh	•	•
Orthopaedic - Foot & Ankle			
Foot & Ankle Conditions Minimally Invasive Surgery Diabetic Foot Disorders	Mr Mohammed Al-Maiyah	•	•
Foot & Ankle Conditions Ankle Ligament Lower Limb Tendon Lower Limb Cartilage Injuries	Mr Sanjay Chougule	•	•
Foot & Ankle Conditions Minimally Invasive Bunion Surgery Sports Injuries	Mr Kumar Kunasingam	•	•
Foot & Ankle Conditions Ankle Ligament Lower Limb Tendon Lower Limb Cartilage Injuries	Mr Mohan Lal	•	•
Orthopaedic - Hip & Knee			
Hip, Knee Replacement Joint Injections Knee Arthroscopy	Mr Sanjay Chougule	•	•
Hip & Knee Surgery Revisions Sports Injuries	Mr Khalid Drabu	•	•
Arthroplasty Hip & Knee Arthroscopic Procedures Soft Tissue Repair Revision Trauma	Mr Avadhoot Kantak	•	•
Hip, Knee Replacement Primary & Revision Arthroscopic Surgery	Mr Mohan Lal	•	•
Hip Surgery Knee Surgery Arthroscopy Sports Injuries	Mr Praveen Panose	•	•
Orthopaedics - Knee Only			
All Knee Injuries Pain ACL Patellofemoral Instability Fracture Osteoarthritis	Mr Bobby Anand	•	•
Anterior Cruciate Ligament Replacement Meniscus Partial Replacement Cartilage Replacement	Mr George Tselentakis	•	

Clinic Listings (NHS and Private)

Special Interest	Consultant	Private	NHS
Orthopaedics - Upper Limb			
Surgery Shoulder Elbow Hand Wrist	Mr Anestis Iossifidis	•	•
Surgery Shoulder Elbow Hand Wrist	Mr Arvind Mohan	•	•
Surgery Shoulder Elbow	Mr Thiyagarajah Pangayatslevan (Mr Selvan)	•	•
Surgery Elbow Hand Wrist	Mr Ali Shafighian	•	•
Orthopaedics - Spine			
Spinal Surgery Minimally Invasive Surgery Joint Replacement Sciatica Back Pain Degenerative Disc Disease	Mr Awaiz Ahmed	•	•
Minimally Invasive Surgery Lumbar Herniated Disc Spinal Stenosis Neck Pain Injections Sciatica	Mr Amarjit Anand	•	
Spinal Surgery Minimally Invasive Surgery Lumbar Cervical Neck	Mr Praveen Inaparthi	•	•
Pain Management			
Chronic Pain Injections	Dr Jones Kurian	•	•
Chronic Pain Injections	Dr Debajit Phukan	•	•
Chronic Pain Injections	Dr Gautham Srinivasan	•	•
Physiotherapy			
Physiotherapy Acupuncture	Mrs Sarah Harper	•	
Physiotherapy	Mrs Jo Lees	•	
Physiotherapy Acupuncture	Mrs Lisa Marshall	•	
Physiotherapy	Mrs Hellen Wenzel	•	

Clinic Listings (NHS and Private)

Special Interest	Consultant	Private	NHS
Podiatric Surgery			
Foot Conditions Surgery	Mr Eoin Baldwin	•	•
Foot Conditions Surgery	Mr Steven Hewitt	•	•
Non Surgical Foot Conditions Orthotics	Mr Jared Green	•	
Psychiatry			
Psychiatric Diagnosis for Patients over 50	Dr Nicholas Clarke	•	
Rheumatology			
All Rheumatological Diseases	Dr Raad Makadsi	•	
All Rheumatological Diseases	Dr Rizwan Rajak	•	
Urology			
General Urology Kidney Stones Prostate Cancer Male Fertility Vasectomy	Mr Steve Gordon	•	
General Urology Kidney Stones Vasectomy Hydrocele Surgery	Mr Junaid Masood	•	
General Urology Erectile Dysfunction Peyronie's Disease Male Fertility Testosterone Deficiency Syndrome Urinary Tract Stone Disease	Mr Panos Papikinos	•	•
General Urology Vasectomy Peyronie's Disease Hydrocele Repair Circumcision	Mr Palaniappa Shanmugaraju (Mr Raju)	•	•
Vascular			
Varicose Veins Peripheral Vascular Disease	Mr Gary Maytham	•	

Private Patient **Manager**

As North Downs Hospital is committed to the provision of a first class, high quality experience for all patients, we provide a Private Patient Manager service.

Nicola Gayler is available throughout consultation, treatment and aftercare to offer a personalised service to each patient dependent on their needs and wishes. She is able to provide the vital link required between patients and their Consultant facilitating a streamlined treatment pathway.

What our Private Patient Manager offers

Nicola will:

- Be a point of contact for all private patients.
- Manage the private patient journey.
- Answer private patient queries Monday to Friday.
- Walk patients through the various stages of their private treatment and help with queries or concerns regarding referrals, insurance or anything else relating to their hospital stay.
- Ensure any special requirements are met before, during or after a patient's visit.

Nicola can be contacted directly as follows:

01883 337 430 / 439

nicola.gayler@ramsayhealth.co.uk

Business Relations **Manager**

In order to facilitate relationships between North Downs Hospital and the wider healthcare community, we have a dedicated Business Relations Manager working both in and around the East Surrey / Sussex / Kent area. Michelle Wettone is responsible for building and developing relationships between those referring their patients and the hospital providing this treatment. She is able to utilise the expertise of our Consultants to provide training and educational events to GPs, Practice Managers, Nurse Practitioners and Physiotherapists enabling continued professional development.

What our Business Relations Manager offers

Michelle will provide:

- Lunch and Learn educational sessions.
- Consultant-led training for professionals.
- Social events and GP networking opportunities.
- Medical secretary workshops.
- Online referral system support.
- GP referral literature and regular hospital updates.
- A direct liaison between referrers, Consultants and hospital services.

Michelle can be contacted directly as follows:

07816 466 282

michelle.wettone@ramsayhealth.co.uk

Referring patients to **North Downs Hospital**

The Ramsay Health Care online portal has been designed to enable you to refer private patients easily, quickly and securely to their Ramsay hospital of choice.

To make a private referral, visit ramsayhealth.co.uk/patientreferral and complete the short form.

North Downs Hospital is able to receive self-funding, medically insured and NHS referrals. To refer an NHS patient, please use the e-Referral Service (e-RS).

Should you have any queries, please contact your dedicated Business Relations Manager or Private Patient Manager who will be happy to help:

Michelle Wettone - 07816 466 282 | michelle.wettone@ramsayhealth.co.uk
- Business Relations Manager

Nicola Gayler - 01883 337 430 / 439 | nicola.gayler@ramsayhealth.co.uk
- Private Patient Manager



Simply send a referral letter via our secure online system or post.



In the meantime your patient can contact their local Ramsay Hospital directly to arrange a convenient appointment.



If the patient does not contact us we will contact them to arrange an appointment according to the details provided on the referral.

To make a referral, simply visit ramsayhealth.co.uk/health-professionals and complete the short form.

Physiotherapy at **North Downs Hospital**

The Physiotherapy Department is staffed by professional and experienced clinical Chartered Physiotherapists. We work to Physiotherapy Chartered Standards supporting best practice and will strive to provide the best in patient care.

All physiotherapy patients have a treatment plan established on assessment by their physiotherapist which is regularly reviewed during the course of physiotherapy treatment.

Referrals are accepted from GP's and Allied Health Professionals. Self-paying patients may refer themselves for physiotherapy. Discharge reports are sent to the patient and the referrer when the patient has completed their treatment. Packages of care can be provided for patients with long term rehabilitation requirements.

- All musculoskeletal conditions
- Sports injuries
- Back and neck pain, including whiplash
- Sprains and strains
- Chronic pain
- Fracture rehabilitation
- Rheumatological symptoms including painful joints
- Post - operative rehabilitation for orthopaedic surgery
- Respiratory problems
- Acupuncture
- Fast access to diagnostics (e.g X-Ray/MRI/Pathology)
- No GP referral letter required for self-paying patients

Call: 01883 337 436

Email: northdowns.physio@ramsayhealth.co.uk



Diagnostic Services Available at **North Downs Hospital**

Our service is run by a friendly team of experienced, qualified radiographers. Images are reported by a specialist Consultant Radiologist and sent directly to GP or referring healthcare professional, usually within 48 hours.

Radiology appointments can only be issued to the patient on receipt of a medical referral from a GP. The radiology form must be completed for all Private and Self Pay Radiology referrals and sent by secure email to rhc.northdowns.referrals@nhs.net

Radiology Services available at North Downs Hospital

Diagnostic

CT	Available at Ashtead, our sister hospital
U/S (non-interventional)	Available at North Downs Hospital
U/S (interventional)	Available at North Downs Hospital
Mammography (screening)	Available at Ashtead Hospital
MRI	Available at Ashtead Hospital
X-Ray	Available at North Downs Hospital

*services listed above are for Private and Self Pay Patients.



Acceptance Criteria for NHS Referrals at Ramsay Health Care UK

Standard Acceptance Criteria

Under the Standard Acute Contract that Ramsay Health Care UK hold with the NHS, our acceptance criteria for accepting NHS patients has been updated.

The only exclusions are:

- Patients under the age of 18 years of age.
- Patients with BMI over 40. However, each case is based on merit depending on the procedure.
- A patient with an incapacitating disease that is a constant threat to life.
- On the Mental Health Register with acute mental health condition.

Please include NHS numbers and confirm all demographic details of the patient including full name, address and daytime telephone numbers including any mobile. Please ensure you include or send any relevant X-Rays, scans, test results, BMI, current medication, past medical history and any known drug allergies.

Our services are delivered at NHS tariff with no additional costs to patients or ICBs.

Free Hospital Parking.

Find us on e-Referral Service, by searching for the service required.

Other useful **contact numbers**

Reception

01883 348 981

Hospital Director - Monica Clarke

01883 337 444

Head of Clinical Services (Matron) - Carole Collier

01883 337 449

Business Relations Manager - Michelle Wettone

07816 466 282

Private Patient Manager - Nicola Gayler

01883 337 430 / 439

Administration Manager - Jenny Rolfe

01883 337 447

NHS Outpatient Appointments

01883 337 440

01883 337 442

Radiology team

01883 337 416

Physiotherapy team

01883 337 436

Secure email address

rhc.northdowns.referrals@nhs.net

Notes

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How to find us

North Downs Hospital,
46 Tupwood Lane,
Caterham,
Surrey CR3 6DP

northdownshospital.co.uk

 /NorthDownsHospital

Your nearest hospital

South Cluster

You'll receive the best possible care from all the hospitals in the Ramsay Health Care group. Our hospitals in **your area** include:

