Direct Access Diagnostic Upper GI Endoscopy Pathway

Symptoms:
- Dyspepsia
- Nausea or vomiting
- Upper abdominal pain

Haematology Features:
- Unexplained anaemia
- >55yrs with raised platelet count with any of: nausea/ vomiting/ weight loss/ reflux/ dyspepsia/ upper abdominal pain

*(*Include the blood results on referral)*

<55yrs

≥55yrs

Primary Care Actions:
- Lifestyle modifications
- Medication review
- 1 month trial of PPI
- Test and treat for H Pylori

Symptoms persist

Symptoms resolved

Directed self-care

Are any of the exclusion criteria present?

No

Yes

***Refer to Direct Access Endoscopy Service**
Complete referral form & send to The Oaks Hospital by either:
1) Attaching to booked appointment via an E-RS selected appointment slot
2) Send via NHS email to RHC.Oaks@nhs.net

***Refer to acute hospital Gastroenterology services**

Features requiring more urgent assessment or 2ww pathway referral
- Haematemesis or melaena
- Suspected Intestinal obstruction
- Upper abdominal mass
- >55yrs with dysphagia
- >55yrs with weight loss and any of upper abdominal pain/ reflux/ dyspepsia

Refer to current NICE guidance for full details

Refer as 2 week wait/ urgent or emergency pathway as appropriate

Exclusion Criteria
- **< 18yrs old**
- **Unstable angina**
- **COPD or other cardiorespiratory condition limiting exercise tolerance**
- **MI or CVA in the preceding 8 weeks**
- **Haemodialysis**
- **Continuous Positive Airways Pressure (CPAP)**
- **Long Term Oxygen Therapy (LTOT)**
- **Anaesthesia required**
- **Any condition that may affect an individual's ability to consent to or to tolerate an endoscopic procedure**

If unsure of the best course of action at any point then discuss via *Consultant Connect* before referring