



# Directory of Services and Consultants

2023

Image of Oaks Systemic Anti-Cancer  
Therapy Unit Opened in August 2022



**Oaks  
Hospital**

Part of Ramsay Health Care

# About Oaks Hospital

At Oaks Hospital we offer fast access to the highest standards of care, so people know they can trust us to help them get better quickly.

We offer consultant-led care from some of the most well-qualified specialists in their field of expertise. As the largest provider of NHS procedures, after the NHS, you can count on us for first class treatment.

## Our Areas of Expertise



**Breast Specialists**



**Cancer Treatment**



**Cardiology**



**Cosmetic Surgery**



**Pain Relief**



**Diagnostics**



**Ear, Nose & Throat Conditions**



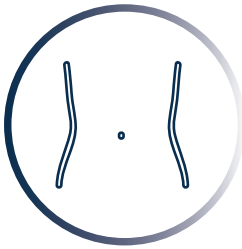
**Eye Care**



**General Medical Conditions**



**Physiotherapy**



**General Surgery**



**Men's Health**



**Neurology**



**Orthopaedics**



**Psychiatry**



**Rheumatology**



**Skin Concerns**



**Urology**



**Vascular**



**Women's Health**



CQC rated Oaks Hospital - **GOOD**

# Clinic Listings

Special Interest	Consultant	Private	NHS
<b>Allergy</b>			
Anaphylaxis   Hayfever   Food   Urticaria	Dr Bhupinder Sihra	•	
<b>Breast Surgery</b>			
Cancer   One-Stop   Male & Female   Symptomatic	Mr Sankaran ChandraSekharan	•	
Cancer   One-Stop   Breast Surgeon	Miss Sunita Saha	•	
<b>Breast Screening</b>			
	Oaks One Stop Breast Clinic	•	
<b>Cardiology</b>			
Angina   CHF   Valve   Hypertension	Dr Allan Harkness	•	
Chest Pain   Stent   Angiogram   Breathlessness   Cardiac CT	Dr Nicholas Robinson	•	
Ischaemic   Valvular   Arrhythmias   Hypertension	Dr Mark Scoote	•	
Angina   Palpitation   Stents   Prevention	Dr Kare Tang	•	
<b>Cosmetic &amp; Plastic Surgery</b>			
Face   Breast   Abdominoplasty   Liposuction	Mr Fateh Ahmad	•	
Face   Breast   Rhinoplasty   Eyelids	Mr Jonathan Britto	•	
Breast   Plastics   Cosmetics   Reconstruction	Mr Matthew Griffiths	•	
Rhinoplasty   Breast   Abdominoplasty   Skin	Mr Makarand Tare	•	
<b>Dermatology</b>			
Moles   Skin Cancer Only	Prof Peter Dziewulski	•	
Cancer   Vulval   General Dermatology	Dr Elisabeth Fraser-Andrews	•	

# Clinic Listings

Special Interest	Consultant	Private	NHS
<b>Dietetics &amp; Nutrition</b>			
IBD   Weight   Nutrition   Sports	Ms Nicole Croft-O'Halloran	•	
<b>Endocrinology &amp; Diabetology</b>			
Endocrinology   Thyroid Disorders   Diabetes	Dr Charles Bodmer	•	
<b>ENT</b>			
Thyroid   H&N Ca.   Ear   Sinus	Mr Arcot Maheshwar	•	•
Ear   Nose   Sinus   Throat	Mr Duncan McRae	•	
Ear   Nose   Sinus   Thyroid	Mr Mr Abdul Qureshi	•	•
<b>Gastroenterology</b>			
Endoscopy   IBD   IBS   Cancer	Dr Mary McStay	•	
Endoscopy   IBD   Dyspepsia   Reflux	Dr Simon Ralphs	•	•
Endoscopy   IBD   Cancer   Liver Disease	Dr Achuth Shenoy	•	
<b>General &amp; Laparoscopic Surgery</b>			
Gallbladder   Colorectal   Hernia   Endoscopy	Prof Thanjakumar Arulampalam	•	
Vascular   Venous   Arterial Disease	Mr Sohail Choksy	•	•
Colorectal   Minimally Invasive   Endoscopy	Miss Sharmila Gupta	•	•
Gallbladder   Hernia   Bowel   Rectal	Mr Chandima Halahakoon	•	•
Hernia   Lumps & Bumps   Vascular	Mr Adam Howard	•	•
Gallbladder   Colorectal   Prolapse   Hernia	Mr Abhilash Paily	•	•



# Clinic Listings

Special Interest	Consultant	Private	NHS
<b>General &amp; Laparoscopic Surgery (Cont.)</b>			
Gallbladder   Hernia   Laparoscopic   Lumps & Bumps	Miss Joanna Reed		•
Gallbladder   Hernia   Piles   Bowel	Mr Matthew Tutton	•	•
Pelvic Floor   Colorectal   Cancer	Mr Subash Vasudevan	•	•
Gallbladder   Hernia   Colonoscopy   Laparoscopic	Mr Greg Wynn	•	•
<b>Gynaecology</b>			
Colposcopy   Urogynaecology   Pre-conception   Cancer	Mr Fadi Alfhaily	•	
Colposcopy   Cancer   General Gynae   Hysterectomy	Miss Ballari Ghosh	•	•
General   Laparoscopic   Menstrual   Vaginal	Mr Wassim Hassan	•	
Endometriosis   Laparoscopic   Hysterectomy   HMB	Mr Kamran Safdar Rao	•	•
Laparoscopic   Hysterectomy   Sterilisation   Cervical Surgery	Mr Rohit Sharma	•	•
General Gynaecology   Prolapse   Hysterectomy   Pelvic Pain	Miss Sasha Taylor		•
General Gynae   Hysterectomy   Pelvic Pain   Periods	Miss Tint Tint Wai		•
Endometriosis   Laparoscopic   Pelvic Pain	Mr Barry Whitlow	•	•
<b>Haematology</b>			
Malignant   General Haematology	Dr Vijoy Chowdhury	•	
<b>Leg Ulcer Clinic</b>			
Leg Ulcers   Lymphedema	Mr Adam Howard	•	

# Clinic Listings

Special Interest	Consultant	Private	NHS
<b>Neurology</b>			
Headache   Epilepsy   Parkinson's   Stroke	Dr Imtiaz Ahmed	•	
Headache   Numbness   MS   Parkinson's	Dr Mo Sharief	•	
<b>Neurophysiology</b>			
Conduction   EMG   Muscle Disorders	Dr Lokesh Wijesekera	•	
<b>Oncology</b>			
Cancer   Lung   Prostate   Kidney	Dr D Muthukumar	•	
Breast   Immunotherapy   Melanoma   Personalised	Dr MB Mukesh	•	
Cancer   Immunotherapy   Chemotherapy   Radiotherapy	Dr Sunil Skaria	•	
<b>Ophthalmology</b>			
Cataract   Phacoemulsification   Retina   Macula	Mr Vivek Bansal	•	•
Cataract   Glaucoma   Laser   MIGS	Mr Chrys Dimitriou	•	•
Oculoplastic   Lid Malposition   Lacrimal Diseases   Endonasal DCR	Mr Henry Lin	•	
Cataract   Glaucoma   Cornea   General	Mr Achyut Mukherjee	•	•
Cataract   Macular   Vitreorentinal   Diabetic	Mr Jignesh Patel	•	•
Cataract   Macular   Vitreorentinal   Diabetic	Mr Mahmoud Radwan		•
<b>Oral &amp; Maxillofacial</b>			
Salivary Glands   Head & Neck   Wisdom   TMJ Pain	Dr Konstantinos Karavidas	•	

# Clinic Listings

Special Interest	Consultant	Private	NHS
<b>Orthopaedics - Hip &amp; Knee</b>			
Hip   Knee   Sport Injuries	Mr Konstantinos Evangelou		•
Hip   Knee   Arthroplasty   Soft Tissue	Mr Mark Loeffler	•	
Hip   Knee   Arthroscopy   Revisions	Mr D'jon Lopez	•	•
Young Adults   Hip   Knee   Arthroplasty\scopy	Mr Edward Massa	•	•
Hip   Knee   Arthroplasty\scopy   Pain	Mr Gohar Naqvi		•
Hip   Knee   Arthroplasty   Injuries	Mr Tim Parratt	•	
Hip   Knee   Arthroplasty   Revisions	Mr Philip Sloper		•
Hip   Knee   Arthroscopy	Mr Manav Raghuvanshi	•	•
Hip   Knee   Replacement	Mr Sivakolundu Suresh	•	•
Hip   Knee   Replacement   Preservation	Mr Nicholas Wardle	•	
<b>Orthopaedics - Knee Only</b>			
Injuries   Sports   Preservation   Biologics	Mr Mahbub Alam	•	
<b>Orthopaedics - Foot &amp; Ankle</b>			
Foot   Ankle	Mr Shafic Al-Nammari		•
Foot   Ankle   Bunions   Hammer Toe	Mr Naveethan Sivanadarajah	•	•
Foot   Ankle   Sports Injuries	Mr Timothy Williams	•	
Bunions   Pain   Sports Injuries   Arthritis	Miss Georgina Wright		•

# Clinic Listings

Special Interest	Consultant	Private	NHS
<b>Orthopaedics - Elbow &amp; Shoulder</b>			
Cuff   Keyhole   Frozen   Sport	Mr Matthew Hynes	•	•
Replacement   Revision   Arthroscopy	Mr Alain Iserin	•	•
Replacement   Stabilisations   Arthroscopy   Cuff	Mr Jeremy Stanton	•	•
<b>Orthopaedics - Hand &amp; Wrist</b>			
Carpal   Dupuytren's   Trigger   Thumb	Mr Matthew Hynes	•	•
Carpal   Arthritis   Trigger   Trauma	Mr Jeremy Stanton	•	•
Carpal   Dupuytren's   Trigger   Trauma	Mr Makarand Tare	•	
<b>Pain Management</b>			
Cervical   Spine   Limbs   Injections	Dr Khalid Alaib	•	•
Sciatica   Chronic Pain   Injections   Back	Dr Shamim Haider	•	
Spine   Limbs   Sciatica   Injections	Dr Zahid Waheed	•	•
<b>Physiotherapy Services</b>			
	Oaks Physiotherapy Clinic	•	
<b>Private GP Services</b>			
	Dr Katy Daniel	•	
	Dr Yash Uttarwar	•	



# Clinic Listings

Special Interest	Consultant	Private	NHS
<b>Psychiatry</b>			
General Adult Psychiatry	Dr Donna Grant	•	
Depression   Psychosis   Anxiety   Stress	Dr Declan Leahy	•	
Anxiety   Bipolar   OCD   PTSD	Dr Ram	•	
<b>Psychology</b>			
Depression   Anxiety   Trauma   Shame	Dr Syd Hiskey	•	
<b>Radiology &amp; Diagnostics</b>			
	Oaks Radiology Department	•	
<b>Respiratory Medicine</b>			
Cough   Breathlessness   Asthma   COPD	Dr Peter Hawkins	•	
<b>Rheumatology</b>			
Osteoporosis   Sports   General Rheumatology	Dr Paul Byrne	•	
Arthritis   Tendinitis   Osteoporosis   Gout	Dr Tom Walton	•	
<b>Spinal Surgery</b>			
Minimally Invasive Spine Surgery	Mr Shaishav Bhagat	•	
Degenerative   Deformity   Traumatic   Tumour	Mr Mark Blackman	•	
Cervical   Thoracic   Lumbar   Pain	Mr Mark Prempeh	•	

# Clinic Listings

Special Interest	Consultant	Private	NHS
<b>Urology</b>			
Prostate   Vasectomy Reversal   Kidney   Bladder	Mr John Corr	•	•
Prostate   Stones   Bladder   Kidney	Mr Sam Datta	•	
Prostate   Cancer   LUTS   Haematuria	Mr Aniket Deshpande	•	•
Prostate   Cancer   Bladder   General	Mr Hani Ertemi	•	•
Prostate   Stones   Bladder   Laser	Mr Zafar Maan	•	
Prostate   Cancer   LUTs   Haematuria	Mr Rajiv Pillai	•	
Prostate   Stones   Female   Micro Vasectomy Reversal	Mr Gerald Rix	•	
<b>Vascular Surgery</b>			
Varicose   Aneurysms   Carotid Disease	Mr Sohail Choksy	•	•
Varicose   Aneurysms   Carotid Disease   Diabetic Foot	Mr Adam Howard	•	•



# Oaks Hospital

## NHS e-RS Services 2023

Service Name	Speciality	Clinic Type
<b>Abdominal Pain (NOT Gastroenterology) NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Lower GI (medical) excl IBD, Colorectal Surgery, Endoscopy - see Diagnostic Endoscopy, Gallstones, Upper GI incl Dyspepsia
<b>Anal Fistula NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Lower GI (surgical) excl IBD, Colorectal Surgery
<b>Anal Procedures NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Lower GI (surgical) excl IBD, Colorectal Surgery
<b>Back Pain Management NHS Clinic</b>	Pain Management	Pain Management
<b>Carpal Tunnel Syndrome NHS Clinic</b>	Orthopaedics	Hand & Wrist
<b>Cataract NHS Clinic</b>	Ophthalmology	Cataract
<b>Cholecystectomy / Gallbladder / Gallstones NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Gallstones, Upper GI incl Dyspepsia, Hepatology
<b>Cholecystectomy NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Gallstones, Upper GI incl Dyspepsia, Hepatology
<b>Colonoscopy NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Endoscopy - see Diagnostic Endoscopy, Lower GI (Medical) excl IBD, Colorectal Surgery
<b>Colorectal NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Colorectal Surgery, Lower GI (medical) excl IBD
<b>Direct Access Gastroscopy Procedure NHS Clinic</b>	Diagnostic Endoscopy	Endoscopy - see Diagnostic Endoscopy, Upper GI incl Dyspepsia.
<b>Elbow Only NHS Clinic</b>	Orthopaedics	Shoulder & Elbow
<b>Foot &amp; Ankle NHS Clinic</b>	Orthopaedics	Foot & Ankle
<b>Gallstone &amp; Gallbladder NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Gallstones, Upper GI incl Dyspepsia
<b>General ENT (excluding Audiology) NHS Clinic</b>	Ear, Nose & Throat	Ear, Neck Lump, Nose/Sinus, Salivary Gland, Throat (incl Voice/Swallowing), Not Otherwise Specified
<b>General Gynaecology (excluding Urogynaecology) NHS Clinic</b>	Gynaecology	Menstrual Disorders, Pelvic Pain, Perineal Repair, Post Menopausal, Not Otherwise Specified
<b>General Surgery NHS Clinic</b>	Surgery Not Otherwise Specified	Hernias
<b>General Urology NHS Clinic</b>	Urology	Prostate, Urinary Calculus, Haematuria (not 2ww), (In)Continence
<b>Haemorrhoids NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Colorectal Surgery, Lower GI (Medical) excl IBD.

Service Name	Speciality	Clinic Type
<b>Hand Only NHS Clinic</b>	Orthopaedics	Hand & Wrist
<b>Hand &amp; Wrist NHS Clinic</b>	Orthopaedics	Hand & Wrist
<b>Hernia Repair NHS Clinic</b>	Surgery Not Otherwise Specified	Hernia
<b>Hip &amp; Knee NHS Clinic</b>	Orthopaedics	Hip & Knee
<b>Hip NHS Clinic</b>	Orthopaedics	Hip
<b>Knee Arthroscopy NHS Clinic</b>	Orthopaedics	Knee
<b>Knee NHS Clinic</b>	Orthopaedics	Knee
<b>Laparoscopic Hernia Clinic NHS Clinic</b>	Surgery Not Otherwise Specified	Hernias
<b>Lower GI (NOT Gastroenterology) NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Endoscopy - see Diagnostic Endoscopy, Lower GI (medical) excl IBD.
<b>Lumps &amp; Bumps NHS Clinic</b>	Surgery Not Otherwise Specified	Hernias
<b>Male Urology NHS Clinic</b>	Urology	Prostate, Urinary Calculus, Haematuria (not 2ww), (In)Continence Males Only Clinic
<b>Nose &amp; Sinus NHS Clinic</b>	Ear, Nose & Throat	Neck Lump, Nose/Sinus, Snoring (not Sleep Apnoea), Not Otherwise Specified
<b>Pancreatic / Biliary Procedures NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Lower GI (Medical) excl IBD, Upper GI incl Dyspepsia
<b>Pelvic Pain NHS Clinic</b>	Gynaecology	Pelvic Pain
<b>Podiatric and Bunion NHS Clinic</b>	Orthopaedics	Podiatric Surgery - excl Nail Surgery, Not Otherwise Specified
<b>Podiatric and Bunion Surgery NHS Clinic</b>	Orthopaedics	Podiatric Surgery
<b>Prolapse (excluding Urogynaecology) NHS Clinic</b>	Gynaecology	Not Otherwise Specified, Pelvic Pain
<b>Rectal Bleeding inc Haemorrhoids NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Colorectal Surgery, Lower GI (medical) excl IBD
<b>Shoulder &amp; Elbow NHS Clinic</b>	Orthopaedics	Shoulder & Elbow, Sports Trauma
<b>Shoulder Only NHS Clinic</b>	Orthopaedics	Shoulder & Elbow, Sports Trauma
<b>Tonsillectomy NHS Clinic</b>	Ear, Nose & Throat	Throat (incl Voice/Swallowing), Neck Lump, Not Otherwise Specified
<b>Umbilical Hernia Repair NHS Clinic</b>	Surgery Not Otherwise Specified	Hernias
<b>Upper GI (NOT Gastroenterology) NHS Clinic</b>	GI & Liver (Medicine & Surgery)	Endoscopy - see Diagnostic Endoscopy, Gallstones, Upper GI incl Dyspepsia
<b>Varicose Vein NHS Clinic</b>	Surgery - Vascular	Varicose Veins, Not Otherwise Specified
<b>Vascular Surgery Excluding Aneurysm NHS Clinic</b>	Surgery - Vascular	Varicose Veins, Not Otherwise Specified



### Oaks can accept NHS referrals via e-RS.

NHS urgent referrals accepted - excluding cancer 2ww. Please call the NHS team directly to check availability.  
NHS Referrals Hotline 01206 753 264 | NHS Referral Email RHC.oaks@nhs.net

\*Clinics are subject to change

## Acceptance Criteria for NHS Referrals at Ramsay Health Care UK

**We will treat all patients in a safe and appropriate environment depending upon age and any existing medical conditions. We are not contracted to treat:**

- Patients under the age of 18 years
- A patient with incapacitating disease that is a constant threat to life
- A patient who has an unstable mental condition and is receiving psychiatric treatment

If you would like more copies or further information please contact your GP Liaison Officer:

**gemma.frost@ramsayhealth.co.uk** | 07748 987 705

**In order to ensure patient safety, every referral will be risk assessed against the following criteria: Age, BMI, Smoking Status, comorbidities and current medical condition. Patients will be screened for Coronavirus COVID-19 in line with current guideline.**

### NHS Referrals

**NHS Referrals Hotline:** 01206 753 264

**NHS Referral Email:** RHC.oaks@nhs.net

### Other Information

- Our services are delivered at the National NHS tariff with no additional costs to patients or ICS
- Free hospital parking ANPR system is in place
- Restaurant facilities for family and all visitors
- Care from one Consultant throughout from first appointment to discharge
- Clean, comfortable and quiet surroundings
- Short waiting times

### Secure NHS Referral Contact Information

**RHC.Oaks@nhs.net**

**NHS urgent referrals accepted** - excluding cancer 2ww. Please call the NHS team directly to check availability.

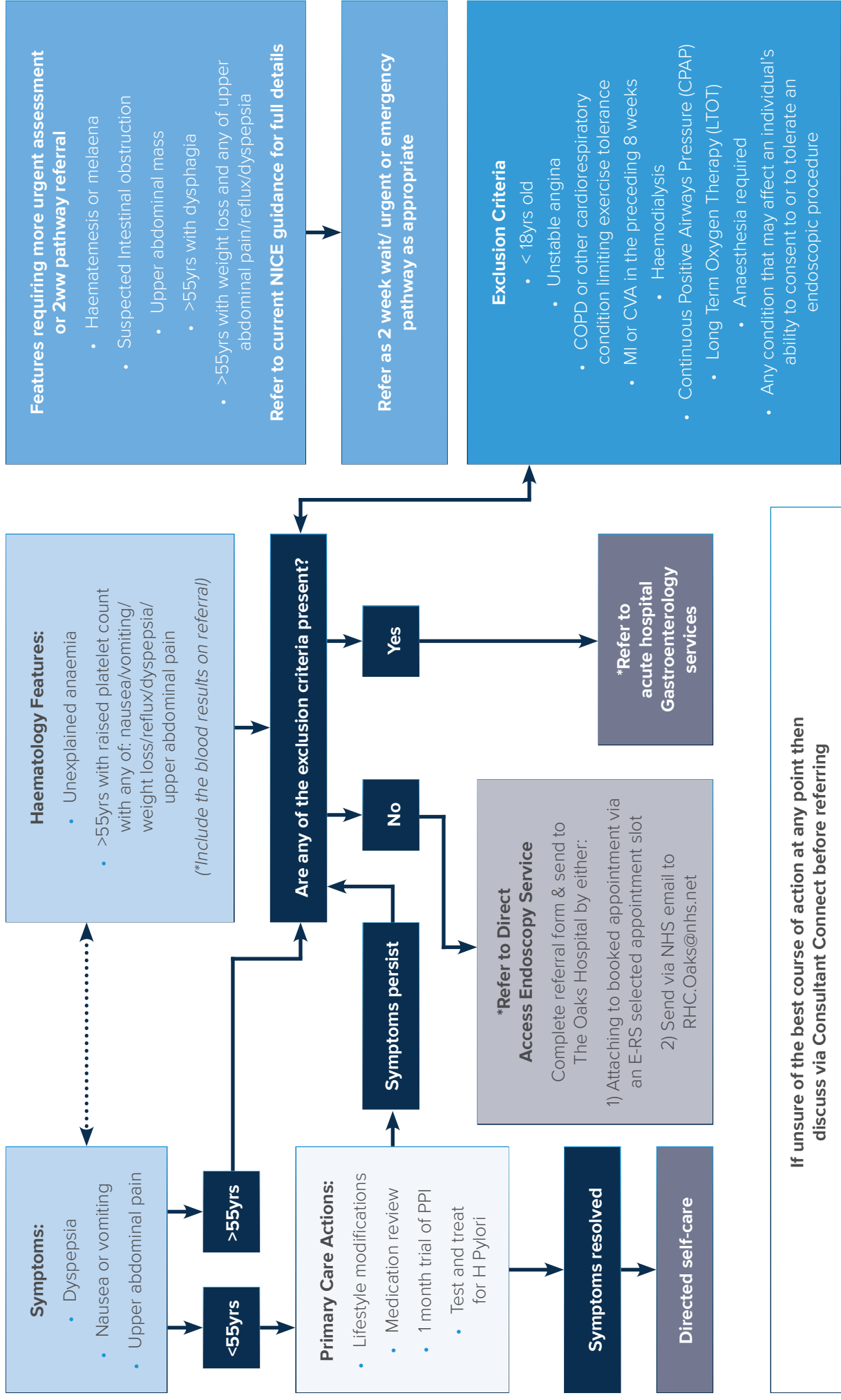
**North East Essex Referrals** - Please follow the Clinical Priorities Policy set by North East Essex ICS, then refer to Oaks Hospital direct via e-RS.

**Mid-Essex Referrals** - Please follow the Clinical Priorities Policy set by Mid-Essex ICS, then refer to Oaks Hospital direct via e-RS.

**Suffolk Referrals** - Please follow the policy set by your ICS, then send all referrals direct via e-RS.



# Direct Access Diagnostic Upper GI Endoscopy Pathway



If unsure of the best course of action at any point then discuss via Consultant Connect before referring



# Private Patient **Manager**

As Oaks Hospital is committed to the provision of a first class, high quality experience for all patients, we provide a Private Patient Manager service.

Aileen is available throughout consultation, treatment and aftercare to offer a personalised service to each patient dependent on their needs and wishes. She is able to provide the vital link required between patients and their Consultant facilitating a streamlined treatment pathway.

## What our Private Patient Manager offers

Aileen will:

- Be a point of contact for all private patients.
- Manage the private patient journey.
- Answer private patient queries within 24 hours Monday to Friday.
- Walk patients through the various stages of their private treatment and help with queries or concerns regarding referrals, insurance or anything else relating to their hospital stay.
- Ensure any special requirements are met before, during or after a patient's visit.

## How to contact Aileen:

01206 753 286

[aileen.wolstenholme@ramsayhealth.co.uk](mailto:aileen.wolstenholme@ramsayhealth.co.uk)

## Referring patients securely

Private patients can be referred through the online referral portal:

**[ramsayhealth.co.uk/patientreferral](https://ramsayhealth.co.uk/patientreferral)** User name: Ramsayonline | Password: Ramsaygp

\*Please access the portal through google chrome

## Complimentary Public Events

To view our upcoming public events for your patients:

**[oakshospital.co.uk/events](https://oakshospital.co.uk/events)**

# GP Liaison **Officer**

In order to facilitate relationships between Oaks Hospital and the wider healthcare community, we have a dedicated GP Liaison Officer working both in and around the Colchester area. Gemma's aim is to provide a personalised service for all referrers, ensuring they have an individual point of contact at Oaks Hospital. Being a dedicated GP & Consultant Liaison Officer she is happy to help with a variety of queries from patient referrals to education and training. Examples of these services are listed below. Gemma is there to support all primary care referrers including GPs, Nurses, Practice Managers, Medical Secretaries, Physiotherapists and Optometrists etc.

## What our GPL offers

Gemma will provide:

- Lunch and Learn educational sessions.
- Consultant-led training for professionals.
- Social events and GP networking opportunities.
- Medical secretary workshops.
- Online referral system support.
- GP referral literature and regular hospital updates.
- A direct liaison between referrers, Consultants and hospital services.

## How to contact Gemma:

07748 987 705

[gemma.frost@ramsayhealth.co.uk](mailto:gemma.frost@ramsayhealth.co.uk)

## Referring patients securely

Private patients can be referred through the online referral portal:

**[ramsayhealth.co.uk/patientreferral](https://ramsayhealth.co.uk/patientreferral)** User name: Ramsayonline | Password: Ramsaygp

\*Please access the portal through google chrome

## Clinical Education Events

To view our upcoming CPD events and register:

**[oakshospital.co.uk/referral-zone/clinical-education-events](https://oakshospital.co.uk/referral-zone/clinical-education-events)**

# Physiotherapy at **Oaks Hospital**

The Physiotherapy Department is staffed by professional and experienced clinical Chartered Physiotherapists. We work to Physiotherapy Chartered Society Standards supporting best practice and will strive to provide the best in patient care.

Oaks Hospital welcomes insured and self-funding patients for the highest standards of physiotherapy in Colchester and North East Essex.

- All musculoskeletal conditions
- Sports injuries
- Back and neck pain, including whiplash
- Sprains and strains
- Chronic pain
- Fracture rehabilitation
- Rheumatological symptoms including painful joints
- Pregnancy-related musculoskeletal pains
- Post-operative rehabilitation for orthopaedic surgery, breast and gynaecological surgery, and oncology conditions
- Respiratory problems
- Acupuncture
- Women's and men's health (incontinence)
- Shockwave therapy
- Fast access to diagnostics (e.g X-Ray/MRI/Pathology)
- No GP referral letter required for self-paying patients

Call: 01206 753 222

Physiotherapy requests can be located on the website:

**[www.oakshospital.co.uk/referral-zone/resources](http://www.oakshospital.co.uk/referral-zone/resources)**



# Diagnostic Services Available at **Oaks Hospital**

Oaks Hospital Radiology Departments offers a range of diagnostic tests from:

- CT
- Mammography
- X-Ray
- MRI
- Ultra-sound
- Fluoroscopy

Our service is run by a friendly team of experienced, qualified Radiographers. Images are reported on by a specialist Consultant Radiologist and the report is sent directly to the referring GP, Consultant or referring AHP, usually within 48 hours. Radiology appointments can only be issued to the patient on receipt of a signed medical referral from the GP or IR(ME)R certified AHPs. The radiology form must be completed and signed for all Private and Self-Pay Radiology referrals and sent by secure email [rhc.radiology.oaks@nhs.net](mailto:rhc.radiology.oaks@nhs.net). We do not accept direct NHS referrals.

Radiology Services available at Oaks Hospital	
Diagnostic	Prices From:
CT	£550.00
U/S (non-interventional) - General, Breast, Gynae	£270.00
Mammography (screening)	£200.00
MRI	£475.00
X-Ray	£164.00
One Stop Breast Clinic - Including Consultation & Imaging	£650.00
Cardiac CT	£900.00

\*services listed above are for Private and Self-Pay Patients.





## SACT Unit Systemic Anti-Cancer Therapy

Oaks Hospital SACT (Systemic Anti-Cancer Therapy) unit, offers oncology services to private patients in the local area.

We have 4 treatment bays for patients that require oncology treatment as part of their cancer care. The space provides a calming environment to receive treatment, with french doors in most bays, opening into a courtyard area which includes a water feature and soothing mural.

Oaks Hospital are able to offer treatment to patients for a range of speciality areas including skin, gynaecology, urology and breast cancers. Patients can either use their health insurance or self pay to access the treatments.

To find out more on our SACT unit please visit [oakshospital.co.uk/treatments/cancer-services](http://oakshospital.co.uk/treatments/cancer-services) or contact Adam Warrillow, our Lead Oncology Nurse via [adam.warrillow@ramsayhealth.co.uk](mailto:adam.warrillow@ramsayhealth.co.uk) or 01206 752 121 (6023).



# Our Patients' Peace of Mind Pledge

At Ramsay Health Care we understand that attending hospital can be an anxious time for many people, and even more so currently. Our hospitals have been successfully carrying out operations throughout the COVID period, and providing support to the NHS.

**We pledge** to our patients we will do all we can to alleviate your concerns, reassure you and make your appointment or surgical admission as smooth and stress-free as possible.

## Steps we have taken to support this include:



**Safety** - full adherence to all guidance issued from professional organisations including the Government and Public Health England.



**Testing** - all patients having a procedure are swabbed for COVID-19 72 hours prior to admission.



**Virtual consultations** - we are undertaking consultations virtually where possible to minimise visits to the hospital.



**Clinical processes** - we have implemented additional processes including all individuals are risk assessed and have their temperatures checked.



**Patient pathways** - we have segregated our patient pathways.



**Training** - all staff are receiving ongoing infection prevention training.



**Cleanliness** - we have increased cleaning rotas for common touch point areas.



**Reducing footfall** - we are requesting that only patients attend the hospital.



**PPE** - we have maintained Personal Protective Equipment supplies and are ensuring our staff are wearing surgical masks to protect you.



**Admissions** - we have staggered admission times for our patients to ease the patient pathway.



**Social distancing** - we have implemented social distancing in public reception and waiting areas.



**Car parking** - our hospitals are ensuring we have as many free car parking spaces available for our patients as possible.



**Hand hygiene** - we have increased hand washing and alcohol gel dispensing facilities.



**Patient support** - we can provide access to a dedicated member of staff to talk through any concerns you may have prior to attending hospital.





# Referring patients to **Oaks Hospital**

The Ramsay Health Care online portal has been designed to enable you to refer private patients easily, quickly and securely to their Ramsay hospital of choice.

To make a private referral, visit [ramsayhealth.co.uk/patientreferral](https://ramsayhealth.co.uk/patientreferral) and complete the short form.

Oaks Hospital is able to receive self-funding, medically insured and NHS referrals. To refer an NHS patient, please use the e-Referral Service (e-RS).

Should you have any queries, please contact your dedicated GP Liaison Officer or Private Patient Manager who will be happy to help:

**Gemma - 07748 987 705 | [gemma.frost@ramsayhealth.co.uk](mailto:gemma.frost@ramsayhealth.co.uk) - GP Liaison Officer**

**Aileen - 01206 753 286 | [aileen.wolstenholme@ramsayhealth.co.uk](mailto:aileen.wolstenholme@ramsayhealth.co.uk) - Private Patient Manager**



Simply send a referral letter via our secure online system.



In the meantime your patient can contact their local Ramsay Hospital directly to arrange a convenient appointment.



If your patient does not contact us, we will contact them to arrange an appointment using the details provided on the referral.

## Other useful **contact numbers**

Switchboard

01206 752 121

Private Patients Bookings Team

01206 753 295 | [rhc.oaks.outpatientbookings@nhs.net](mailto:rhc.oaks.outpatientbookings@nhs.net)

Physiotherapy Appointments

01206 753 222 | [ukoaks-physiotherapy@ramsayhealth.co.uk](mailto:ukoaks-physiotherapy@ramsayhealth.co.uk)

Radiology Appointments

01206 753 227 | [rhc.radiology.oaks@nhs.net](mailto:rhc.radiology.oaks@nhs.net)

Private Patient Manager (private patient queries)

01206 753 286 | [ukoaks.privatepatientcoordinator@ramsayhealth.co.uk](mailto:ukoaks.privatepatientcoordinator@ramsayhealth.co.uk)

GP & Consultant Liaison Officer - Gemma Frost

07748 987 705 | [gemma.frost@ramsayhealth.co.uk](mailto:gemma.frost@ramsayhealth.co.uk)

SACT Suite

01206 752 121 (6023) | [adam.warrillow@ramsayhealth.co.uk](mailto:adam.warrillow@ramsayhealth.co.uk)

Self Pay Price Enquiries

01206 987 669 | [oaks.enquiries@ramsayhealth.co.uk](mailto:oaks.enquiries@ramsayhealth.co.uk)

Hospital Director - Nick Ratcliffe

01206 753 237 | [nick.ratcliffe@ramsayhealth.co.uk](mailto:nick.ratcliffe@ramsayhealth.co.uk)

Head of Clinical Services (Matron) - Christopher Teates

01206 753 242 | [christopher.teates@ramsayhealth.co.uk](mailto:christopher.teates@ramsayhealth.co.uk)

Wards

01206 753 252 | [oakswardclerks@ramsayhealth.co.uk](mailto:oakswardclerks@ramsayhealth.co.uk) / [oaksward@nhs.net](mailto:oaksward@nhs.net)

## **NHS Referrals**

NHS Referrals Hotline: 01206 753 264

NHS Referral Email: [rhc.oaks@nhs.net](mailto:rhc.oaks@nhs.net)

To stay up to date with Oaks Hospital please head over to [oakshospital.co.uk/referral-zone](https://oakshospital.co.uk/referral-zone) to download the latest resource materials.

# Notes

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# How to find us

Oaks Hospital,  
120 Mile End Road,  
Colchester, Essex  
CO4 5XR


[oakshospital.co.uk](http://oakshospital.co.uk)

 /OaksHospital

## Your nearest hospital

### East Cluster

You'll receive the best possible care from all the hospitals in the Ramsay Health Care group. Our hospitals in **your area** include:

  
**Rivers Hospital**  
Part of Ramsay Health Care  
Sawbridgeworth

  
**Boston West Hospital**  
Part of Ramsay Health Care  
Boston

  
**Fitzwilliam Hospital**  
Part of Ramsay Health Care  
Peterborough

  
**Blakelands Hospital**  
Part of Ramsay Health Care  
Milton Keynes

  
**Pinehill Hospital**  
Part of Ramsay Health Care  
Hitchin

  
**Oaks Hospital**  
Part of Ramsay Health Care  
Colchester

  
**Springfield Hospital**  
Part of Ramsay Health Care  
Chelmsford