

Ramsay Health Care GP Newsletter



**Oaks
Hospital**

Part of Ramsay Health Care

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A message from Gemma Frost, GP and Consultant Liaison Officer.

Hello and welcome to Oaks Hospital Autumn/Winter Newsletter 2019.

We have now completed our expansion with a 5th state-of-the-art theatre and static MRI and would like to welcome you to our Opening Ceremony on 22nd November (more details below).

The team at Oaks Hospital would like to thank you for all of your referrals in 2019 and recommending Oaks Hospital to your patients, families and friends.

Gemma Frost

GP and Consultant Liaison Officer.

Oaks Hospital Expansion Opening Ceremony

Oaks Hospital welcomes you to celebrate the completion of our major expansion and the opening of our 5th Theatre, Static MRI and Ambulatory Unit.

Friday 22nd November at 4pm

Meet members of the Ramsay Executive Team plus Celebrity Guests.

We will be providing champagne, refreshments, cheese board and biscuits.

For further information and to confirm your attendance, please email Gemma Frost:

Gemma.Frost@ramsayhealth.co.uk

Come and join in the celebration!





A Partnership of Care. People Caring for People.

During the winter months the NHS traditionally sees an increase demand on its services, particularly as the cold weather can mean a rise in the number of vulnerable patients that need hospital treatment. In some instances Trusts may need to cancel or reschedule elective procedures in order to create additional capacity.

Patient Choice enables you to refer your patients to any alternative provider, including Independent Sector providers, who often have lower wait times and the capacity to see and treat your patients quickly. Exercising this choice and using an alternative provider is at no additional cost to you, but will enable faster treatment times for your patients and will help to alleviate the winter pressures faced by the NHS.

Refer patients for timely access to treatment

Patients can access treatment through NHS, self-pay or insured referrals. To refer NHS patients, please use the Electronic Referral System (ERS).

Ramsay is the market leader for ERS referrals, offering comprehensive slot management and capacity availability. ERS will provide all the required information regarding each Consultant and their availability.

Did you know?

Within the ERS service search screen, you can filter your search for services by Indicative Wait Time opposed to distance. You can change this by selecting the 'Sort By' drop down box and it will list the services with the shortest waiting times for first outpatient appointment at the top. The Indicative Wait Time is calculated by the third free appointment within providers patient administration systems.



96% of Trusts exceeded recommended occupancy levels in the 2018/19 winter*

*SOURCE British Medical Association: NHS Pressures - Winter 2018/19: A hidden crisis

Oaks Hospital Clinical Education Events

In 2019 Oaks Hospital held 20 CPD events, which amounted to 59 CPD points.

Our events are free to attend, and GPs, Locums and AHPs are all welcome.

You will find all of our events listed here:
www.oakshospital.co.uk/referral-zone/clinical-education-events



One Stop Breast Service

Fast Diagnostics for patients presenting with breast symptoms, male or female.

Patients can self-refer or use their private medical insurance for this service.

One stop package is £650 which includes:

- Consultation with Consultant Breast Specialist.
- Mammogram and/or ultrasound scan where needed.

Should further tests be needed, these will be discussed with the patient before proceeding.

Rapid Results. In most cases the result will be available on the day, but occasionally further follow-up tests are needed to give a conclusive result.

Patients can call direct to book their appointment to avoid any further delay in their diagnosis:

01206 753 295

Use your Insurance Campaign

We are requesting your support for the 'use your insurance' campaign which aims to ensure patients give consideration to utilising their private medical insurance (PMI).

In our current challenging financial times all CCGs have to consider ways of gaining maximum benefit from limited NHS resources, and financial pressures mean all options to save public money are to be explored.

Therefore we will be delivering some display materials (e.g. posters and digital images) that can be used in your surgeries to raise awareness. Please be assured this is not a scheme specific to Ramsay Health Care but **all** independent sector providers.

How many patients are insured?

Within a 30 minute drive time of Oaks Hospital 13.4% of the adult population have PMI (ref: CACI 2015).

Won't the patient ask?

Anecdotal evidence suggests that patients do not always use their PMI at the time of referral. Many wait for the GP to suggest the private option, whilst GPs wait for the patient to ask. In some instances some patients 'forget' that they are covered only remembering once they are well down their NHS pathway.

Look out for your posters!



Please tell the doctor if you have
Private Medical Insurance

Using your Private Medical Insurance gives you the choice of when and where you want to be treated.

New Consultants

Dr Khalid Mahmood Consultant Dermatologist

Special Interests:

- Skin cancer
- Acne
- Mole check
- Psoriasis
- Itchy skin
- Eczema
- Skin allergies & rashes



Dr Rohaj Mehta Consultant Dermatologist

Special Interests:

- Dermatology surgery
- Skin allergy
- Skin rashes / Itchy skin
- Skin cancer
- Mole Assessment
- Acne



Leaving Consultants

Dr David Shuttleworth and **Mr Simon Marsh**

New MRI and Expansion of Radiology Department

Our Radiology Department has grown and we are now ready to share our brand new state of the art facilities with you and your patients. Appointments are available with little or no wait time. Our new static Siemens 1.5 Tesla MRI scanner comes with a noise reducing quiet suite to help reduce anxiety during the scan and is a wide bore, so less claustrophobic for patients.

Radiology appointments can only be issued to the patient on receipt of a **signed medical referral** from the GP or IR(ME)R certified AHPs.

Our service is run by a friendly team of experienced, qualified Radiographers. Images are reported by a specialist Consultant Radiologist and reports are sent directly to the GP or referring AHP, usually within 48 hours.

The radiology form must be completed and signed for all Radiology referrals and sent by secure email to:

Rhc.radiology.oaks@nhs.net.

We do not accept direct NHS referrals.

You can download a copy of the referral form here:

www.oakshospital.co.uk/referral-zone/resources

For information on IR(ME)R training for AHPs which is offered at Oaks Hospital please contact Radiology Manager Karen Pape via email:

karen.pape@ramsayhealth.co.uk

Radiology Services Available

Diagnostic	Prices From:
CT	£550.00
U/S (non-interventional) - General, Breast, Gynae	£262.00
Mammography (screening)	£115.00
MRI	£475.00
X-Ray	£160.00
One Stop Breast Clinic - Including Consultation & Imaging	£650.00



UroLift® - Treatment for Enlarged Prostates is now available at Oaks Hospital

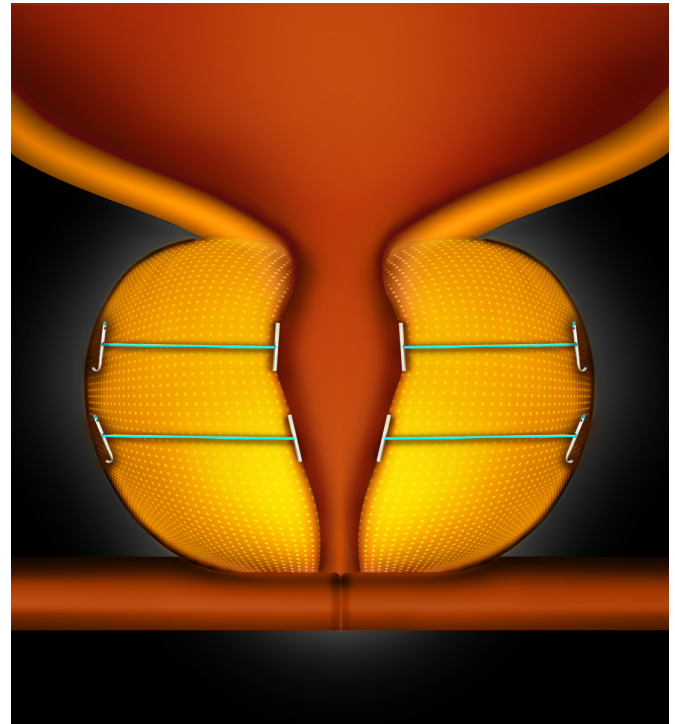
The UroLift® System treatment is a revolutionary, minimally invasive procedure to treat an enlarged prostate, or BPH. It works by lifting or holding the enlarged prostate tissue out of the way so it no longer blocks the urethra.

There is no cutting, heating or removal of prostate tissue. Clinical data has shown that the UroLift System treatment is safe and effective in relieving lower urinary tract symptoms due to BPH without compromising sexual function.

The goal of the UroLift System procedure is to relieve symptoms so patients can get back to life and resume their daily activities. The UroLift System procedure is NICE recommended.

The UroLift System procedure is a short procedure that is performed by a Urologist. The Urologist places tiny implants to hold the prostate lobes apart, like open curtains on a window, to relieve compression on the urethra. This allows urine to flow normally again.

The UroLift System procedure is generally a day case procedure which is carried out under local anaesthesia +/- sedation. Typically, patients return home the same day without a catheter. The UroLift System is an alternative for patients looking for something other than drug therapy or more invasive surgery.



For more information on Urolift at Oaks Hospital please visit:

www.oakshospital.co.uk/treatments/mens-health/urolift

Complimentary Patient Information Events

Oaks Hospital believe that every patient should be provided with professional healthcare advice; that is why we offer **complimentary patient advice sessions** which give your patients the opportunity to meet some of our Consultants who are experts in their speciality and have their questions answered before they decide to proceed with any procedure, be it as a private patient or an NHS patient.

Our next events are:



Hip & Knee Public Presentation
13th November 2019 with Mr Tim Parratt



Varicose Veins 1:1 Consultations
2nd April 2020 with Mr Sohail Chosky



Knee Pain 1:1 Consultations
11th February 2020 with Mr Mabs Alam



Foot and Ankle Public Presentation
13th May 2020 with Mr Tim Williams




Rheumatology Joint Pain Public Presentation
4th March 2020 with Dr Paul Byrne and
Dr Tom Walton

Patients can book their place by calling or visiting:

01206 753 286

oakshospital.co.uk/events

Stay up to date with all the news and developments at Oaks Hospital on Facebook which is run by Gemma Frost, GP & Consultant Liaison Officer, keeping the posts relevant to Primary Care.  @OaksHospital

Oaks Hospital Clinical Education Programme 2020

Date	Title	Topics	Consultant speakers	Where
Saturday 18/01/2020	Dr...I'm in Pain!	<ol style="list-style-type: none"> 1. Open about Opioids 2. Rheumatological Pains - Where to start 3. Spine Pain - What can be managed in Primary Care 	Ms Pie Hung Dr Byrne Mr Blackman	Oaks Hospital 9.30am-12.30pm
Tuesday 28/01/2020	An evening with... Mr Adam Howard Consultant Vascular Surgeon	TIA, Stroke, Aortic Aneurysms, PVD, Diabetic Foot and Red Flags in Primary Care	Mr Howard	Oaks Hospital 7pm-9pm
Saturday 8/02/2020	Dr...Is it IBS?	<ol style="list-style-type: none"> 1. Gastroenterology - New ways to be sure of your diagnosis 2. Gynaecology - Dr, have you considered... 3. G.Surgery - Dr, what other things to test for... 	Dr McStay Mr Whitlow Prof Arulampalam	Oaks Hospital 9.30am-12.30pm
Wednesday 26/02/2020	An evening with... Mr Mark Loeffler Consultant Orthopaedic Surgeon	Live joint examination techniques of the Hip and Knee featuring Essex Cricket Team Players. When to Refer, Managing MSK Pain in Primary Care	Mr Loeffler	Oaks Hospital 7pm-9pm
Saturday 14/03/2020	Dr...I Itch!	<ol style="list-style-type: none"> 1. The Itchy Bottom 2. The ENT Itch 3. Itchy Skin Conditions 4. Itchy Eyes 5. Recurrent Vaginal Thrush 	Miss Gupta Mr Maheshwar Dr Mehta Mr Sheldrick Mr Safdar Rao	Oaks Hospital 9.30am-12.30pm
Thursday 26/03/2020	An evening with... Mr Thyroid!	<ol style="list-style-type: none"> 1. Referral for Thyroid Swellings 2. Red Flags for Hypothyroidism 3. Investigating Hyperthyroidism 4. Special Guest Radiologist 	Mr Maheshwar Dr Bodmer Dr Thayur	Oaks Hospital 7pm-9pm

Oaks Hospital Clinical Education Programme 2020 - Continued

Date	Title	Topics	Consultant speakers	Where
Saturday 25/04/2020	Dr...I am Numb!	1. Neurologic Disorders 2. Spinal Stenosis 3. Peripheral Vascular Disease	Dr Elrington Mr Suresh Mr Howard	Oaks Hospital 9.30am-12.30pm
Tuesday 28/04/2020	An evening with... Mr Gerald Rix Consultant Urological Surgeon	The Burning Question Unexplained Cystitis/ UTIs and non UTIs	Mr Rix	Oaks Hospital 7pm-9pm

oakshospital.co.uk/ClinicalEducation or email gemma.frost@ramsayhealth.co.uk

Clinical Objectives:

- Developing clinician's recognition of red flags
- Management strategies in primary care
- Which tests and monitoring
- When & what to refer
- CPD points & complimentary food and beverages

Programme subject to change



