

About Rivers Hospital

At Rivers Hospital we offer fast access to the highest standards of care, so people know they can trust us to help them get better quickly. As the biggest provider of NHS procedures after the NHS you can count on first class treatment.

We offer consultant led care from some of the most well-qualified and experienced specialists in their field of expertise.







Services for children and young people - OUTSTANDING

Our Areas of Expertise



Bone & Joint Pain



Cancer Treatment



Cosmetic Surgery



Diagnostics



Ear, Nose & Throat Conditions



Eye Care



General Medical Conditions



Gastroenterology



Men's Health



Mental Health



Paediatrics



Pain Relief



Physiotherapy



Skin Concerns



Weight Loss Surgery



Women's Health

Specialty	Consultant *Paediatrics (min age)		Private	NHS**
Allergy				
General Allergy	Dr Vijay Chakravarti	Newborn +	•	
General Allergy	Dr Vijay Kandala	6 months +	•	
Audiology				
General Audiology, Balance, Tinnitus, Middle Ear Conditions	Mrs Natalie Shnieder	3.5yrs +	•	
General Audiology	Ms Emma Stead	3.5yrs +	•	
Breast Surgery				
General Breast Conditions	Mr Howard Bradpiece	3yrs +	•	
Oncoplastic & General Breast Conditions	Miss Harleen Deol	14yrs +	•	
Cardiology				
General Cardiology, Interventional Procedures	Dr Hossam El-Gendi	18yrs +	•	
General Cardiology, Interventional Procedures	Dr Debashis Roy	18yrs +	•	
General Cardiology, Interventional Procedures	Dr Rohan Jagathesan	16yrs +	•	
General Cardiology, Interventional Procedures	Dr Jeremy Sayer	16yrs +	•	
Paediatric Cardiology	Dr Sanjay Raina	Newborn +	•	
Care of the Elderly				
Dementia, Parkinsons & Movement Disorder Diseases	Dr Soumit Singhai		•	
Cosmetic & Plastic Surgery				
General Cosmetic & Plastic Surgery (All Body)	Mr Fateh Ahmad 8+		•	
Cosmetic & Plastic Surgery	Mr Nigel Carver 18yrs +		•	
Cosmetic & Plastic Surgery	Ms Kallirroi Tzafetta 6yrs +		•	
Facial Cosmetic Surgery	Mr David McKiernan	3yrs + (Scar lesions)	•	

Specialty	Consultant *Paediatrics (min age)		Private	NHS**
Dermatology				
General Dermatology	Dr Roberto Verdolini	Dr Roberto Verdolini Newborn +		
General Dermatology	Dr Karen Watson	Newborn +	•	
Dietetics & Nutrition				
Weight Management, Eating Disorders, Dysphagia & General Dietetic Advice	Ms Elizabeth Kyriacos	3 months +	•	
Endocrinology & Diabetology				
Diabetes, Obesity, Thyroid & Endocrinology	Dr Abdulfattah Lakhdar	16yrs +	•	
ENT				
General ENT	Mr Maged Abdelkader Newborn +		•	•
General ENT	Mr Ha Chau Newborn +		•	
General Paediatrics/Adult ENT, Sinus Surgery & Tongue Tie Division	Miss Hoi-Yi Ching Newborn +		•	
General ENT	Mr Nick Flower	Newborn +	•	
General ENT	Mr Sherif Habashi	Newborn +	•	
General Adult/Paediatric ENT - Rhinology, Nasal Surgery & Medical Management	Mr David McKiernan 6 months +		•	
General ENT	Mrs Geni Rogers	Newborn +	•	
Family Planning				
	Miss Kamilia El-Farra		•	
	Miss Rahat Khan		•	

Specialty	Consultant	*Paediatrics (min age)	Private	NHS**
Gastroenterology				
General Gastroenterology	Dr Deb Ghosh 16yrs +		•	•
General Gastroenterology	Dr Sachin Gupta	16yrs +	•	•
General Gastroenterology	Dr Edward Stoner	12yrs+	•	•
General Surgery				
Gallbladder, Hernia, Thyroid Surgery & General Surgery	Mr Ahmed Abidia	16yrs +	•	•
Vasectomy / Hernia & General Surgery	Mr Howard Bradpiece	3yrs+	•	•
Colorectal, Bowel & General Surgery	Mr Rajaraman Durai 18yrs +		•	•
Coloproctology, Hernia, Gallbladder & General Surgery	Mr Eriberto Farinella 18yrs +		•	•
Colorectal, Bowel & General Surgery	Mr Vivek Gupta 18yrs +		•	•
Gallbladder, Hernia & Abdominal Wall, Bowel Surgery, Laparoscopic surgery	Mr Bogdan Ivanov 16yrs +		•	•
Gallbladder, Hernia & General Surgery	Mr Jonathan Refson 3yrs+		•	•
Thyroid & General Surgery	Mr Mrinal Saharay	16yrs +	•	•
Colorectal, Bowel & General Surgery	Miss Vardhini Vijay	16yrs +	•	•
Colorectal, Bowel & General Surgery	Mr Shanmugam Vivekanan- dan 16yrs +		•	•
Gynaecology				
General Gynaecology	Mr Vijaya Balakrishnan 12yrs +		•	•
General Gynaecology	Mr Phillip Donkor 16yrs +		•	•
Uro-gynaecology & General Gynaecology	Miss Kamilia El-Farra Newborn +		•	•
Uro-gynaecology & General Gynaecology	Mr Ezzat Hemaya 4yrs +		•	•

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Gynaecology (Cont.)				
General Gynaecology	Miss Rahat Khan	16yrs +	•	
General Gynaecology	Mrs Saadia Noreldeen	Newborn +	•	
General Gynaecology	Miss Jyoti Rachna	16yrs +	•	•
Haematology				
Haemato-oncology & General Haematology	Dr Faris Al-Refaie	17yrs +	•	
Haemato-oncology & General Haematology	Dr Abdel Abu-Sitta	17yrs +	•	
Neurology				
Peripheral Nerve Disease & General Neurology	Dr Anupam Bhattacharjee 16yrs +		•	
General Neurology, Multiple Sclerosis, Parkinson's Disease, Smell & Taste Disorders, Headaches, Blackouts & Dizziness	Prof Christopher Hawkes 16yrs +		•	
Peripheral Nerve Diseases, MND and General Neurology	Dr Rhys Roberts	16yrs +	•	
Neurophysiology				
Nerve Conduction Tests, EMG, SFEMG, EEG	Dr Jacquie Deeb		•	
Oncology				
CUP & Gastrointestinal Cancer	Prof John Bridgewater		•	
Breast Cancer	Dr Apostolos Konstantis 18yrs +		•	
Radiotherapy, CUP, Breast & Skin Cancers including Melanoma	Dr Mukesh B Mukesh		•	
Radiotherapy, Lung, Upper GI Cancer	Dr Sunil Skaria		•	

Specialty	Consultant *Paediatric (min age)		Private	NHS**
Oncology (Cont.)				
Radiotherapy, Breast, Lung & Prostate	Dr Julian Singer		•	
Lung & Mesothelioma	Prof Peter Szlosarek		•	
Ophthalmology				
Glaucoma, Cataracts & General Ophthalmology	Mr Petros Andreou	18yrs+	•	
Blepharoplasty, Cosmetic / Functional Eyelid Surgery, Chalazion, Reconstructive Surgery & Watery Eye	Mr Raj Das- Bhaumik	5yrs+	•	
YAG Laser & ARMD Injections	Mr Stephen Campbell Newborn+		•	
YAG Laser, Retinal Detachments, AMD, Cataracts	Mr Mahmut Dogramaci 18yrs +		•	•
Vitroretinal, AMD, Cataracts & YAG Laser	Mr Ivan Fawcett 18yrs +		•	•
General Ophthalmology, Oculoplastics, Glaucoma, YAG Laser Capsulotomy & Iridotomy and SLT Laser & Cataract Surgery	Mr Jasvir Singh Grewal	18yrs +	•	
Orthoptics	Mrs Shazia Hussain	4mths +	•	
Diabetic Retinopathy & General Ophthalmology	Mr Praveen Patel	18yrs +	•	
Cataracts, AMD, Diabetic Retinopathy, Retinal Vein Occlusions, Medical Retinal Conditions & General Phthalmology	Mrs Priya Prakash 16yrs +		•	•
Cataract, Squint & General Ophthalmology	Mr Venkata Vempali 1yr +		•	•
Oral & Maxillofacial				
General Maxillofacial Surgery	Mr Leo Cheng	Newborn+	•	

Specialty	Consultant *Paediatrics (min age)		Private	NHS**
Orthopaedics				
Hip & Knee	Mr Charles Aldam	3yrs +	•	•
Knee & Hip	Mr Paul Allen	12yrs +	•	•
Foot & Ankle	Mr Aria Ghassemi	16yrs +	•	•
Hip & Knee	Mr Rashid Khan	16yrs +	•	•
Hip & Knee	Mr Dennis Kosuge	16yrs +	•	
Hip & Knee (Young Adults)	Mr Satish Kutty	3yrs +	•	•
Shoulder, Elbow, Hand & Wrist	Miss Dimitra Leivadiotou	16yrs +	•	
Hip & Knee	Mr Jehangir Mahaluxmivala	16yrs +	•	•
Hip & Knee	Mr Unnikrishnan Ramkumar 16yrs +		•	•
Shoulder, Elbow, Hand & Wrist	Mr Nicholas Saw	Mr Nicholas Saw 3yrs +		•
Foot & Ankle	Mr Kar Teoh	18yrs +	•	•
Foot & Ankle	Mr Alex Watson	2yrs +	•	
Elbow, Hand & Wrist	Mr Simon Wimsey	2yrs +	•	•
Paediatrics				
Allergy & General Paediatric Conditions	Dr Vijay Chakravarti	Newborn+	•	
Respiratory, Somatic Abdominal Pain, Rheumatology	Dr Kavita Chawla	Newborn+	•	
General Paediatric, Paediatric Neurodisability, Paediatric Neurology & Epilespy	Dr Nickolaos Cholidis	is Newborn+		
General Paediatric, Abdominal Pain & Headaches	Dr Vijay Kandala	Kandala 1 month +		
Cardiac & General Paediatric Conditions	Dr Sanjay Raina	njay Raina Newborn +		
Neurological, ADHD & General Paediatric conditions	Dr Inyang Takon	3yrs+	•	

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Pain Management				
MSK & General Pain Management	Dr Mark Alexander- Williams	15yrs +	•	
Neck, Spine & General Pain Management	Dr Madhusudhan Mali	18yrs +	•	•
Neck, Spine & Neuropathic Conditions	Dr Victor Mendis	10yrs +	•	
General Pain Management	Dr Ivan Wong	18yrs +	•	•
Podiatry				
Gait Analysis, Orthotics, Sport Injuries Affecting Feet	Mrs Jyoti Patel	Newborn +	•	
Psychiatry				
General Psychiatric Conditions	Dr Salah Abou- El- Fadl	16yrs +	•	
Bipolar, ADHD & General Psychiatric Conditions	Dr Pavel Fridrich	18yrs +	•	
Hypnosis, Autism Spectrum & Stress disorders	Dr Robert Schapira	18yrs +	•	
Radiology				
General Radiology, Nuclear Medicine, Gynaecology & Paediatrics	Dr Ramakrishna Varanasi		•	
General Radiology, Musculoskeletal including Interventional & Urology	Dr Hersh Basra		•	
General Radiology, Musculoskeletal including Interventional, Chest & DEXA	Dr Tuhin Sikdar		•	
General Radiology & Breast	Dr Anthony Aylwin		•	
General Radiology, Gynaecology, Paediatrics, Cardiac & DEXA	Dr Narmeen Taha		•	
General Radiology, Gastrointestinal, Breast & Non-Vascular Intervention	Dr James Hodson		•	
General Radiology, Musculoskeletal, Paediatrics & Gynaecology	Dr Vijay Jayaram		•	
General Radiology, Urology, Cardiac & Interventional Radiology	Dr Zaid Aldin		•	
General Radiology, Musculoskeletal & Gastrointestinal	Dr Shahid Khan		•	

Specialty	Consultant *Paediatrics (min age)		Private	NHS**
Radiology (Cont.)				
General Radiology, Chest & Musculoskeletal	Dr Michael Long		•	
General Radiology, Gastrointestinal & Interventional Radiology	Dr William Partridge		•	
General Radiology, Neurology, Head & Neck	Dr Sudhakar Praharaju		•	
General Radiology, Breast, Head & Neck	Dr Pauline Rajan		•	
General Radiology & Chest	Dr Elena Stefan		•	
General Radiology, Musculoskeletal including Interventional, Gastrointestinal & Gynaecology	Dr Sridhar Redla		•	
Neurology	Dr Sanjiv Chawda		•	
Neurology	Dr Paul Butler		•	
Renal Medicine				
Acute & Chronic Renal Impairment	Prof. Abdelgalil Ali 18yrs +		•	
Respiratory Medicine				
Lung cancer, Sleep Apnoea & General Respiratory Conditions	Dr Ugo Ekeowa	17yrs +	•	
Lung cancer, Cough, TB & General Respiratory Conditions	Dr James Ramsay	18yrs +	•	
Rheumatology				
General Rheumatology	Dr Khalid Ahmed	16yrs +	•	
General Rheumatology	Dr Jeremy Axon 16yrs +		•	
Spinal Surgery				
Spinal Deformity, Decompression & General Spinal Conditions	Mr Mohamed Ahmed 16yrs +		•	•
Degenerative Spine, Spinal Deformity, Trauma, Infection & Tumours	Mr Zaher Dannawi Newborn +		•	•
Degenerative, Spinal Deformity, Trauma & General Spinal Conditions	Mr Arif Gul	Newborn +	•	•

Specialty	Consultant	*Paediatrics (min age)	Private	NHS**		
Urology						
Prostate, HIFU, Urological Cancers & General Urology (Men Only)	Mr Manit Arya	18yrs +	•			
Female & Paediatric General Urology	Mrs Helene Bryde-Andersen	Newborn +	•			
Renal & General Urology	Mr Hani Ertemi	18yrs +	•	•		
Kidney Stones, Laser Prostatectomy (HoLEP), Vasectomy, Incontinence & General Urology	Mr Stuart Graham	18yrs +	•	•		
Male & Female General Urological Conditions, Cancer diagnostics & Erectile Dysfunction	Mr Faiyaz Kapasi	18yrs +	•	•		
Prostate, Renal, ED & General Urology	Mr Tim Lane	18yrs +	•			
General Urology (Inc Paediatric), Cancer diagnostics, No-Scalpel Vasectomy & Microsurgical Vasectomy Reversal, Erectile Dysfunction	Mr Bernard Potluri	3yrs+	•	•		
Renal & General Urology	Mr Rateb Samman	1yr +	•	•		
Paediatric Urology	Miss Shabnum Undre	Newborn +	•			
Urological Cancers (Male/Female), Prostate Diseases, Rezum Therapy & Other General Urology	Mr Jaspal Virdi 1yr +		Mr Jaspal Virdi 1yr +		•	•
Vascular Surgery						
Varicose Veins & Vascular Conditions	Mr Ahmed Abidia	16yrs +	•			
Varicose Veins & Vascular Conditions	Mr Jonathan Refson	12yrs +	•			
Weight Loss Surgery						
Gastric Band, Bypass, Gastrectomy, Fundoplication Surgery	Mr Sanjay Agrawal	18yrs +	•			

Rivers Hospital

NHS e-RS Services 2022

Service Name	Speciality	Clinic Type
General ENT NHS Clinic (Excl Audiology)	Ear Nose and Throat	Balance / Dizziness, Ear, Neck Lump / Thyroid, Nose / Sinus, Salivary Gland, Throat (INC. Not Otherwise Specified)
Colorectal Surgery NHS Clinic	GI & Liver (Medicine and Surgery)	Lower GI and Colorectal
Gallstone & Gallbladder Adult NHS Clinic	GI & Liver (Medicine and Surgery)	Gallstones / Upper GI incl Dyspepsia
Gastroenterology NHS Clinics*	GI & Liver (Medicine and Surgery)	Upper / lower GI
General Gynaecology NHS Clinic	Gynaecology	Menstrual Disorders, Pelvic Pain, Perineal repair, Post Menopausal Bleeding, Urogynaecology / Prolapse, Vulval and Perineal Lesions (INC. Not Otherwise Specified)
Hernia Repair NHS Clinic	Hernia / Surgery - Not Otherwise Specified	Hernia
Cataract NHS Clinic*	Ophthalmology	Cataract
YAG Laser NHS Clinic*	Ophthalmology	Laser (YAG)
Hip & Knee Arthroscopy NHS Clinic	Orthopaedics	Hip and Knee
Gastroenterology Lower Clinic	GI & Liver (Medicine and Surgery)	Lower GI
Gastroenterology Upper Clinic	GI & Liver (Medicine and Surgery)	Upper GI
Young Hip Clinic	Orthopaedics	Hip
Urology Prostate Clinic	Urology	Prostate
Hip & Knee NHS Clinic	Orthopaedics	Hip and Knee
Spine and Neck NHS Clinic	Orthopaedics	Spine and Neck Surgery (Not Scoliosis / Deform)
Knee Only NHS Clinic	Orthopaedics	Knee
Foot & Ankle NHS Clinic	Orthopaedics	Foot and Ankle
Carpal Tunnel Syndrome and Trigger Finger NHS Clinic	Orthopaedics	Hand and Wrist
General Pain Management NHS Clinic*	Pain Management	Pain Management
General Urology NHS Clinic	Urology	Haematuria (NOT 2WW), Erectile Dysfunction / Andrology, (In) Continence, Prostate, Vasectomy, Urinary Calculus (INC. Not Otherwise Specified)

PLEASE NOTE ALL REFERRALS ARE TRIAGED ON AN INDIVIDUAL BASIS

^{*} Indicates services NOT requiring General Anesthetic. Urgent Referrals Accepted - excluding 2ww cancer referrals.

Acceptance Criteria for NHS Referrals

at Ramsay Health Care UK

Standard Acceptance Criteria

Under the Standard Acute Contract that Ramsay Health Care UK hold with the NHS, our acceptance criteria for accepting NHS patients has been updated.

The only exclusions are:

- Patients under the age of 18 years of age.
- Patients with BMI > 40 (41-44 subject to review)
- A patient with an incapacitating disease that is a constant threat to life.
- On the Mental Health Register with acute mental health condition.

Please include NHS numbers and confirm all demographic details of the patient including full name, address and daytime telephone numbers including any mobile. Please ensure you include or send any relevant X-Rays, scans, test results, BMI, current medication, past medical history and any known drug allergies.

Our services are delivered at NHS tariff with no additional costs to patients or CCGs.

Free Hospital Parking.

NHS Coordinators: 01279 602 672

E-mail: Ramsay.rivers@nhs.net

Find us on e-Referral Service, by searching for the service required.

Diagnostic Services Available at Rivers Hospital

Our service is run by a friendly team of experienced, qualified radiographers. Images are reported by a specialist Consultant Radiologist and sent directly to GP or referring healthcare professional, usually within 48 hours.

Radiology appointments can only be issued to the patient on receipt of a medical referral from the GP. The radiology form must be completed for all Private and Self Pay Radiology referrals and sent by secure email to **rhc.riversradiology@nhs.net**

Radiology Services available at Rivers Hospital	
Diagnostic	Min Age
СТ	6yrs+
CT (guided pain management)	18yrs +
CT Calcium Scoring	Men 40yrs+ Women 45yrs+
U/S (non-interventional)	Oyrs +
U/S (interventional)	5yrs +
Mammography	
Mammography (screening)	40yrs +
MRI	6yrs +
X-Ray	Oyrs +
DEXA	18yrs +
Urodynamics	18yrs +

^{*}services listed above are for Private and Self Pay Patients.



Physiotherapy at Rivers Hospital

The Physiotherapy Department is staffed by professional and experienced clinical Chartered Physiotherapists. We work to Physiotherapy Chartered Society Standards supporting best practice and will strive to provide the best in patient care.

The department contains 7 spacious treatment rooms and a large fully equipped gym. All physiotherapy patients have a treatment plan established on assessment by their physiotherapist, which is regularly reviewed during the course of physiotherapy treatment.

We aim to see urgent referrals within 48 hours of referral and non urgent referrals within five working days. Referrals are accepted from GPs and Allied Professionals. Self paying patients may refer themselves for physiotherapy. Discharge reports are sent to the patient and the referrer when the patient has completed treatment. Packages of care can be provided for patients with long term rehabilitation requirements.

Referrals can be emailed to **rivers.physio@ramsayhealth.co.uk** or complete Online Private Referral Form.

Physiotherapy Services Includes:

- Musculoskeletal problems including back/neck pain
- Sports and soft tissue injuries
- Shockwave
- Management of headaches and migraines
- Hand Therapy
- Acupuncture

- Oncology and post-operative breast surgery rehabilitation
- · Women's Health/Continence
- Pregnancy Related Musculoskeletal Pain
- New Mother's Physiotherapy Check
- Paediatric Orthopaedic and respiratory problems
- Phototherapy



Referring Private Patients Online

The Ramsay Health Care online Patient Referral system has been designed to allow you to refer private patients easily, quickly and securely to your Ramsay hospital of choice.

As well as being quick and easy to complete, using the online system will also help reduce your postage costs and speed up the referral process - all in a secure, online environment.

To make a referral, simply visit ramsayhealth.co.uk/patientreferral and complete the short form.





MAKING AN **ONLINE REFERRAL**



In your browser go to GOOGLE CHROME

www.ramsayhealth.co.uk/patientreferral.

Login with **Ramsayonline** and Password: **Ramsaygp**



Select the Ramsay hospital that you wish to send the referral to from the drop-down list



Attach a copy of the referral letter by clicking on 'Select' and adding the file or copy and paste it directly into the form



Complete the remainder of the form noting the mandatory fields marked with an asterisk

If the consultant is unknown please select 'specialty referral only'



Once you have completed the form, press the 'Submit' button to send the referral directly to the Ramsay hospital



You see an immediate confirmation that the referral has been received (also sent by email) and the hospital processes the referral

Private Patient **Team**

As Rivers Hospital is committed to the provision of a first class, high quality experience for all patients, we provide a Private Patient Team.

The private patient team are available throughout consultation, treatment and aftercare to offer a personalised service to each patient dependent on their needs and wishes. They are able to provide the vital link required between patients and their Consultant facilitating a streamlined treatment pathway.

What our Private Patient Team offers

The private patient team will:

- Be a point of contact for all private patients.
- Manage the private patient journey.
- Answer private patient queries within 24 hours Monday to Friday.
- Walk patients through the various stages of their private treatment and help with queries or concerns regarding referrals, insurance or anything else relating to their hospital stay.
- Ensure any special requirements are met before, during or after a patient's visit.

The private patient team can be contacted directly as follows:

01279 602 628 or 01279 602 283

Sarah.Ward3@ramsayhealth.co.uk

Rachel. Harriss@ramsayhealth.co.uk

Useful contact numbers

Main Hospital

01279 600 282

Hospital Director

01279 602 648

Matron

01279 602 647

NHS Coordinators

01279 602 672

Physiotherapy Dept

01279 602 632

Private Appointments

01279 602 675

(Lines are open Monday to Thursday 08.00 - 21.00hrs; Friday 08.00 - 20.30hrs; Saturday 08.00 - 14.00hrs)

Private Patient Liaison

01279 602 646

Private Patient Manager

01279 602 628

Radiology and Imaging

01279 602 624

Secure email addresses

NHS office - Ramsay.rivers@nhs.net

Physiotherapy - rivers.physio@ramsayhealth.co.uk

Radiology/Imaging - rhc.riversradiology@nhs.net

Private Patient Office - rhc.rivers.private@nhs.net

Notes		

How to find us

Rivers Hospital

High Wych Road,

Sawbridgeworth

CM21 0HH

rivershospital.co.uk



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